

































Plum Island Sound, South End, MA - Jul 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:07	7.9	6:06	0.5	6:10	1.4	5:09	8:25	
2	Mon	12:15	9.2	12:47	7.9	6:46	0.5	6:50	1.4	5:09	8:24	
3	Tue	12:54	9.3	1:26	8.0	7:26	0.5	7:30	1.4	5:10	8:24	
4	Wed	1:34	9.3	2:06	8.1	8:06	0.4	8:11	1.4	5:11	8:24	
5	Thu	2:15	9.3	2:48	8.2	8:47	0.4	8:54	1.3	5:11	8:24	
6	Fri	2:59	9.3	3:32	8.4	9:29	0.4	9:40	1.2	5:12	8:23	
7	Sat	3:45	9.2	4:18	8.6	10:12	0.4	10:29	1.1	5:13	8:23	
8	Sun	4:33	9.1	5:06	8.8	10:58	0.4	11:22	1.0	5:13	8:23	
9	Mon	5:25	8.9	5:57	9.1	11:47	0.5			5:14	8:22	
10	Tue	6:21	8.8	6:51	9.4	12:19	0.8	12:40	0.6	5:15	8:22	
11	Wed	7:19	8.7	7:46	9.7	1:17	0.5	1:34	0.6	5:16	8:21	
12	Thu	8:18	8.7	8:42	10.1	2:16	0.1	2:30	0.5	5:16	8:21	
13	Fri	9:17	8.7	9:38	10.5	3:15	-0.2	3:26	0.4	5:17	8:20	
14	Sat	10:15	8.9	10:34	10.8	4:12	-0.6	4:22	0.2	5:18	8:19	
15	Sun	11:11	9.0	11:29	11.0	5:08	-0.9	5:17	0.0	5:19	8:19	
16	Mon			12:06	9.2	6:02	-1.1	6:11	-0.2	5:20	8:18	
17	Tue	12:22	11.1	12:58	9.4	6:54	-1.2	7:05	-0.2	5:21	8:17	
18	Wed	1:15	11.0	1:50	9.5	7:45	-1.2	7:58	-0.2	5:22	8:17	
19	Thu	2:07	10.8	2:42	9.5	8:36	-1.0	8:52	-0.1	5:22	8:16	
20	Fri	3:00	10.4	3:33	9.5	9:26	-0.7	9:46	0.0	5:23	8:15	
21	Sat	3:52	9.9	4:24	9.4	10:16	-0.4	10:40	0.3	5:24	8:14	
22	Sun	4:45	9.4	5:16	9.3	11:07	0.1	11:36	0.5	5:25	8:13	
23	Mon	5:39	8.8	6:09	9.1	11:58	0.5			5:26	8:12	
24	Tue	6:35	8.4	7:02	9.0	12:32	0.7	12:51	0.9	5:27	8:11	
25	Wed	7:31	8.0	7:55	8.9	1:29	0.8	1:43	1.2	5:28	8:10	
26	Thu	8:27	7.8	8:46	8.9	2:24	0.9	2:35	1.4	5:29	8:09	
27	Fri	9:20	7.7	9:36	8.9	3:17	0.9	3:26	1.5	5:30	8:08	
28	Sat	10:10	7.7	10:23	9.0	4:07	0.8	4:14	1.5	5:31	8:07	
29	Sun	10:57	7.7	11:08	9.1	4:55	0.7	5:00	1.5	5:32	8:06	
30	Mon	11:39	7.8	11:49	9.2	5:39	0.6	5:44	1.4	5:33	8:05	
31	Tue			12:20	7.9	6:20	0.5	6:25	1.3	5:34	8:04	