

































Plum Island Sound, South End, MA - Jul 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:31	10.1	5:07	9.6	10:58	-0.5	11:24	0.2	5:09	8:25	
2	Wed	5:29	9.7	6:04	9.7	11:53	-0.3			5:09	8:25	
3	Thu	6:30	9.3	7:02	9.9	12:26	0.1	12:49	0.0	5:10	8:24	
4	Fri	7:32	8.9	8:00	10.0	1:28	0.0	1:46	0.2	5:10	8:24	
5	Sat	8:33	8.6	8:56	10.0	2:29	-0.1	2:42	0.4	5:11	8:24	
6	Sun	9:32	8.4	9:51	10.0	3:28	-0.1	3:37	0.6	5:12	8:23	
7	Mon	10:29	8.3	10:43	10.0	4:24	-0.1	4:30	0.8	5:12	8:23	
8	Tue	11:21	8.2	11:32	9.8	5:16	-0.1	5:21	0.9	5:13	8:23	
9	Wed			12:08	8.2	6:04	0.0	6:08	1.0	5:14	8:22	
10	Thu	12:17	9.7	12:52	8.1	6:49	0.1	6:52	1.1	5:14	8:22	
11	Fri	1:00	9.6	1:33	8.1	7:31	0.2	7:36	1.2	5:15	8:21	
12	Sat	1:42	9.4	2:14	8.1	8:13	0.3	8:19	1.3	5:16	8:21	
13	Sun	2:24	9.2	2:56	8.1	8:54	0.5	9:03	1.3	5:17	8:20	
14	Mon	3:07	9.0	3:38	8.2	9:36	0.6	9:49	1.3	5:18	8:20	
15	Tue	3:52	8.8	4:22	8.3	10:19	0.8	10:37	1.4	5:18	8:19	
16	Wed	4:38	8.5	5:08	8.4	11:03	1.0	11:27	1.4	5:19	8:18	
17	Thu	5:27	8.2	5:56	8.5	11:49	1.2			5:20	8:18	
18	Fri	6:19	8.0	6:46	8.6	12:20	1.4	12:37	1.4	5:21	8:17	
19	Sat	7:13	7.8	7:37	8.7	1:14	1.3	1:27	1.5	5:22	8:16	
20	Sun	8:08	7.7	8:27	9.0	2:09	1.1	2:18	1.5	5:23	8:15	
21	Mon	9:02	7.7	9:18	9.3	3:02	0.8	3:09	1.5	5:24	8:15	
22	Tue	9:55	7.8	10:09	9.6	3:55	0.5	3:59	1.3	5:25	8:14	
23	Wed	10:46	8.1	11:00	10.0	4:46	0.2	4:50	1.0	5:26	8:13	
24	Thu	11:37	8.4	11:51	10.4	5:36	-0.2	5:40	0.7	5:27	8:12	
25	Fri			12:26	8.7	6:24	-0.5	6:31	0.3	5:28	8:11	
26	Sat	12:41	10.6	1:15	9.1	7:13	-0.8	7:22	0.0	5:29	8:10	
27	Sun	1:32	10.7	2:05	9.5	8:01	-0.9	8:15	-0.2	5:30	8:09	
28	Mon	2:24	10.7	2:57	9.8	8:51	-1.0	9:10	-0.4	5:31	8:08	
29	Tue	3:17	10.4	3:49	10.0	9:41	-0.8	10:07	-0.4	5:32	8:07	
30	Wed	4:12	10.0	4:43	10.1	10:33	-0.6	11:05	-0.3	5:33	8:06	
31	Thu	5:09	9.5	5:39	10.1	11:27	-0.2			5:34	8:05	