US HARBORS www.USHarbors.com

Plymouth, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:17	9.0	10:31	10.9	4:22	0.5	4:32	1.5	5:11	8:22	
2	Sun	11:09	9.3	11:22	11.3	5:12	0.0	5:21	1.2	5:11	8:21	
3	Mon			12:00	9.6	6:02	-0.4	6:11	0.8	5:12	8:21	
4	Tue	12:13	11.7	12:50	9.9	6:51	-0.7	7:01	0.5	5:12	8:21	
5	Wed	1:03	12.0	1:40	10.2	7:41	-0.9	7:53	0.3	5:13	8:21	
6	Thu	1:55	12.0	2:32	10.4	8:32	-1.0	8:47	0.1	5:13	8:20	
7	Fri	2:49	11.8	3:26	10.6	9:24	-0.9	9:44	0.1	5:14	8:20	
8	Sat	3:45	11.5	4:21	10.7	10:16	-0.7	10:41	0.1	5:15	8:20	
9	Sun	4:42	10.9	5:16	10.8	11:09	-0.4	11:39	0.2	5:15	8:19	
10	Mon	5:41	10.4	6:14	10.7			12:04	0.1	5:16	8:19	
11	Tue	6:43	9.8	7:13	10.7	12:40	0.3	1:01	0.5	5:17	8:18	
12	Wed	7:47	9.3	8:12	10.6	1:41	0.4	1:58	0.9	5:18	8:18	
13	Thu	8:50	9.0	9:08	10.5	2:41	0.4	2:53	1.2	5:18	8:17	
14	Fri	9:49	8.8	10:01	10.4	3:37	0.5	3:46	1.4	5:19	8:17	
15	Sat	10:43	8.7	10:51	10.3	4:30	0.5	4:37	1.6	5:20	8:16	
16	Sun	11:32	8.7	11:36	10.2	5:20	0.6	5:25	1.7	5:21	8:16	
17	Mon			12:13	8.7	6:05	0.6	6:10	1.7	5:22	8:15	
18	Tue	12:17	10.2	12:50	8.7	6:46	0.6	6:53	1.7	5:23	8:14	
19	Wed	12:55	10.1	1:26	8.8	7:26	0.7	7:34	1.7	5:23	8:14	
20	Thu	1:33	10.1	2:03	8.9	8:07	0.7	8:17	1.7	5:24	8:13	
21	Fri	2:12	10.0	2:43	9.0	8:47	0.8	9:01	1.7	5:25	8:12	
22	Sat	2:54	9.8	3:24	9.1	9:29	1.0	9:46	1.7	5:26	8:11	
23	Sun	3:38	9.6	4:07	9.3	10:12	1.1	10:33	1.7	5:27	8:10	
24	Mon	4:24	9.4	4:52	9.4	10:56	1.4	11:22	1.7	5:28	8:09	
25	Tue	5:12	9.1	5:39	9.5	11:42	1.6			5:29	8:09	
26	Wed	6:04	8.8	6:29	9.6	12:14	1.6	12:32	1.9	5:30	8:08	
27	Thu	7:00	8.6	7:23	9.8	1:10	1.5	1:25	2.0	5:31	8:07	
28	Fri	7:58	8.5	8:18	10.1	2:06	1.3	2:19	1.9	5:32	8:06	
29	Sat	8:55	8.6	9:12	10.5	3:01	0.9	3:12	1.7	5:33	8:05	
30	Sun	9:51	8.9	10:07	11.0	3:55	0.4	4:05	1.4	5:34	8:03	
31	Mon	10:46	9.3	11:02	11.5	4:48	0.0	4:59	0.9	5:35	8:02	