US HARBORS www.USHarbors.com

Plymouth, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:44	10.1	1:16	8.7	7:20	0.8	7:27	1.9	5:11	8:22	
2	Thu	1:23	10.2	1:55	8.8	8:00	0.7	8:09	1.8	5:11	8:21	
3	Fri	2:03	10.2	2:36	9.0	8:42	0.7	8:53	1.7	5:12	8:21	
4	Sat	2:46	10.1	3:19	9.2	9:24	0.7	9:40	1.7	5:12	8:21	
5	Sun	3:32	10.0	4:03	9.5	10:08	0.8	10:28	1.6	5:13	8:21	
6	Mon	4:19	9.8	4:50	9.7	10:53	1.0	11:18	1.4	5:14	8:20	
7	Tue	5:10	9.6	5:39	10.0	11:40	1.1			5:14	8:20	
8	Wed	6:04	9.3	6:31	10.2	12:12	1.2	12:31	1.3	5:15	8:20	
9	Thu	7:02	9.1	7:27	10.5	1:10	1.0	1:26	1.3	5:16	8:19	
10	Fri	8:02	9.1	8:24	10.9	2:08	0.6	2:22	1.3	5:16	8:19	
11	Sat	9:02	9.2	9:21	11.3	3:06	0.2	3:17	1.1	5:17	8:18	
12	Sun	10:01	9.4	10:19	11.6	4:02	-0.2	4:13	0.8	5:18	8:18	
13	Mon	10:59	9.6	11:16	11.9	4:58	-0.6	5:09	0.5	5:19	8:17	
14	Tue	11:55	10.0			5:52	-0.9	6:04	0.2	5:19	8:17	
15	Wed	12:10	12.1	12:47	10.3	6:44	-1.1	6:57	0.0	5:20	8:16	
16	Thu	1:03	12.1	1:38	10.5	7:34	-1.1	7:49	-0.1	5:21	8:15	
17	Fri	1:54	11.8	2:28	10.6	8:24	-0.9	8:42	0.0	5:22	8:15	
18	Sat	2:46	11.4	3:19	10.6	9:13	-0.6	9:36	0.1	5:23	8:14	
19	Sun	3:38	10.8	4:09	10.5	10:03	-0.2	10:29	0.4	5:24	8:13	
20	Mon	4:31	10.2	5:00	10.3	10:52	0.3	11:23	0.7	5:25	8:13	
21	Tue	5:24	9.5	5:51	10.1	11:43	0.9			5:25	8:12	
22	Wed	6:20	8.9	6:45	9.8	12:18	1.0	12:36	1.4	5:26	8:11	
23	Thu	7:19	8.5	7:41	9.6	1:16	1.2	1:30	1.8	5:27	8:10	
24	Fri	8:19	8.2	8:35	9.5	2:13	1.4	2:24	2.1	5:28	8:09	
25	Sat	9:15	8.1	9:27	9.5	3:07	1.4	3:16	2.2	5:29	8:08	
26	Sun	10:07	8.1	10:15	9.6	3:58	1.3	4:06	2.1	5:30	8:07	
27	Mon	10:54	8.2	11:01	9.8	4:47	1.2	4:53	2.0	5:31	8:06	
28	Tue	11:36	8.4	11:43	10.0	5:32	1.0	5:39	1.9	5:32	8:05	
29	Wed			12:14	8.7	6:14	0.8	6:21	1.7	5:33	8:04	
30	Thu	12:22	10.1	12:51	9.0	6:54	0.7	7:03	1.5	5:34	8:03	
31	Fri	1:00	10.3	1:28	9.3	7:33	0.6	7:44	1.3	5:35	8:02	