US HARBORS www.USHarbors.com

Plymouth, MA - Jul 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:08	10.2	12:39	8.9	6:41	0.6	6:51	1.6	5:11	8:22	
2	Tue	12:47	10.3	1:17	9.1	7:22	0.5	7:33	1.5	5:11	8:21	
3	Wed	1:27	10.4	1:57	9.4	8:03	0.4	8:16	1.4	5:12	8:21	
4	Thu	2:08	10.4	2:39	9.6	8:45	0.4	9:01	1.3	5:12	8:21	
5	Fri	2:52	10.4	3:23	9.8	9:29	0.4	9:48	1.2	5:13	8:21	
6	Sat	3:39	10.2	4:10	10.1	10:14	0.5	10:38	1.0	5:14	8:20	
7	Sun	4:29	10.0	4:59	10.3	11:01	0.6	11:31	0.9	5:14	8:20	
8	Mon	5:22	9.8	5:51	10.5	11:51	0.8			5:15	8:20	
9	Tue	6:19	9.6	6:47	10.7	12:27	0.7	12:46	0.9	5:16	8:19	
10	Wed	7:19	9.4	7:45	11.0	1:26	0.5	1:43	0.9	5:16	8:19	
11	Thu	8:20	9.5	8:44	11.3	2:25	0.2	2:40	0.8	5:17	8:18	
12	Fri	9:21	9.6	9:42	11.6	3:22	-0.2	3:37	0.5	5:18	8:18	
13	Sat	10:20	9.8	10:39	11.8	4:19	-0.6	4:33	0.3	5:19	8:17	
14	Sun	11:17	10.1	11:35	12.0	5:14	-0.9	5:28	0.0	5:19	8:17	
15	Mon			12:11	10.4	6:07	-1.1	6:21	-0.2	5:20	8:16	
16	Tue	12:28	12.0	1:01	10.6	6:57	-1.2	7:13	-0.3	5:21	8:15	
17	Wed	1:18	11.9	1:50	10.7	7:45	-1.1	8:04	-0.2	5:22	8:15	
18	Thu	2:07	11.5	2:38	10.7	8:34	-0.8	8:55	-0.1	5:23	8:14	
19	Fri	2:57	11.0	3:27	10.6	9:22	-0.4	9:46	0.2	5:24	8:13	
20	Sat	3:47	10.5	4:16	10.4	10:11	0.1	10:38	0.5	5:25	8:13	
21	Sun	4:37	9.8	5:05	10.1	10:59	0.6	11:30	0.9	5:25	8:12	
22	Mon	5:29	9.3	5:55	9.9	11:50	1.1			5:26	8:11	
23	Tue	6:23	8.8	6:49	9.6	12:24	1.2	12:42	1.5	5:27	8:10	
24	Wed	7:21	8.4	7:44	9.5	1:21	1.4	1:36	1.8	5:28	8:09	
25	Thu	8:19	8.2	8:38	9.5	2:16	1.4	2:30	1.9	5:29	8:08	
26	Fri	9:13	8.2	9:28	9.6	3:09	1.4	3:21	2.0	5:30	8:07	
27	Sat	10:03	8.3	10:16	9.8	3:59	1.2	4:10	1.9	5:31	8:06	
28	Sun	10:50	8.5	11:01	10.0	4:47	1.0	4:57	1.7	5:32	8:05	
29	Mon	11:32	8.8	11:43	10.2	5:32	0.8	5:42	1.5	5:33	8:04	
30	Tue			12:12	9.1	6:14	0.6	6:25	1.2	5:34	8:03	
31	Wed	12:23	10.4	12:50	9.5	6:55	0.4	7:08	1.0	5:35	8:02	