

































## Popponeset, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:21	2.3	6:58	2.2			12:27	0.2	5:11	8:19	
2	Wed	7:15	2.2	7:47	2.2	12:52	0.4	1:16	0.3	5:12	8:19	
3	Thu	8:09	2.1	8:36	2.2	1:47	0.4	2:05	0.4	5:12	8:19	
4	Fri	9:04	2.0	9:25	2.2	2:42	0.4	2:54	0.5	5:13	8:19	
5	Sat	9:59	2.0	10:15	2.2	3:37	0.4	3:44	0.5	5:14	8:19	
6	Sun	10:55	1.9	11:05	2.3	4:31	0.4	4:34	0.5	5:14	8:18	
7	Mon	11:47	2.0	11:52	2.3	5:23	0.3	5:24	0.5	5:15	8:18	
8	Tue			12:35	2.0	6:11	0.3	6:10	0.5	5:16	8:18	
9	Wed	12:36	2.4	1:19	2.0	6:55	0.2	6:54	0.4	5:16	8:17	
10	Thu	1:19	2.4	2:01	2.1	7:36	0.1	7:38	0.4	5:17	8:17	
11	Fri	2:01	2.5	2:43	2.1	8:17	0.1	8:21	0.3	5:18	8:16	
12	Sat	2:43	2.5	3:24	2.2	8:58	0.0	9:04	0.3	5:18	8:16	
13	Sun	3:26	2.5	4:05	2.2	9:39	0.0	9:49	0.2	5:19	8:15	
14	Mon	4:10	2.5	4:46	2.3	10:21	0.0	10:36	0.2	5:20	8:15	
15	Tue	4:55	2.5	5:29	2.4	11:04	0.0	11:25	0.1	5:21	8:14	
16	Wed	5:43	2.5	6:15	2.4	11:50	0.0			5:22	8:13	
17	Thu	6:35	2.4	7:05	2.5	12:18	0.1	12:40	0.0	5:22	8:13	
18	Fri	7:32	2.3	7:58	2.5	1:14	0.1	1:32	0.1	5:23	8:12	
19	Sat	8:31	2.2	8:55	2.6	2:13	0.1	2:28	0.2	5:24	8:11	
20	Sun	9:34	2.2	9:54	2.6	3:14	0.1	3:26	0.2	5:25	8:10	
21	Mon	10:39	2.2	10:55	2.6	4:17	0.0	4:27	0.2	5:26	8:10	
22	Tue	11:43	2.2	11:56	2.6	5:19	0.0	5:27	0.2	5:27	8:09	
23	Wed			12:43	2.2	6:18	-0.1	6:25	0.2	5:28	8:08	
24	Thu	12:53	2.7	1:38	2.3	7:13	-0.1	7:20	0.1	5:29	8:07	
25	Fri	1:47	2.7	2:30	2.3	8:04	-0.1	8:12	0.1	5:30	8:06	
26	Sat	2:39	2.6	3:19	2.3	8:52	-0.1	9:02	0.1	5:31	8:05	
27	Sun	3:28	2.6	4:05	2.3	9:38	-0.1	9:50	0.2	5:32	8:04	
28	Mon	4:16	2.5	4:48	2.3	10:21	0.0	10:37	0.2	5:32	8:03	
29	Tue	5:02	2.4	5:31	2.3	11:04	0.1	11:25	0.2	5:33	8:02	
30	Wed	5:48	2.3	6:14	2.3	11:47	0.2			5:34	8:01	
31	Thu	6:36	2.1	6:59	2.2	12:14	0.3	12:32	0.3	5:35	8:00	