US HARBORS www.USHarbors.com

Provincetown, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:03	10.8	8:44	9.3	1:45	0.0	2:30	-0.9	7:08	4:19	
2	Wed	9:01	11.0	9:44	9.4	2:43	-0.1	3:28	-1.1	7:08	4:20	
3	Thu	9:58	11.1	10:41	9.6	3:41	-0.2	4:24	-1.3	7:08	4:21	
4	Fri	10:54	11.2	11:35	9.7	4:37	-0.3	5:18	-1.3	7:08	4:22	
5	Sat	11:47	11.1			5:31	-0.4	6:09	-1.3	7:08	4:23	
6	Sun	12:26	9.8	12:39	10.9	6:23	-0.3	6:58	-1.1	7:08	4:24	
7	Mon	1:15	9.8	1:29	10.5	7:14	-0.2	7:45	-0.7	7:08	4:25	
8	Tue	2:04	9.7	2:19	10.0	8:06	0.0	8:33	-0.3	7:08	4:26	
9	Wed	2:52	9.6	3:10	9.5	8:58	0.3	9:21	0.2	7:08	4:27	
10	Thu	3:40	9.4	4:01	9.0	9:50	0.6	10:10	0.6	7:07	4:28	
11	Fri	4:28	9.2	4:54	8.5	10:44	0.8	10:59	1.0	7:07	4:29	
12	Sat	5:18	9.0	5:48	8.1	11:39	1.0	11:51	1.4	7:07	4:30	
13	Sun	6:09	8.9	6:44	7.9			12:35	1.1	7:06	4:32	
14	Mon	7:02	8.9	7:39	7.8	12:43	1.6	1:30	1.0	7:06	4:33	
15	Tue	7:53	9.0	8:31	7.9	1:35	1.6	2:22	0.9	7:06	4:34	
16	Wed	8:41	9.2	9:19	8.1	2:24	1.5	3:09	0.7	7:05	4:35	
17	Thu	9:27	9.4	10:03	8.3	3:11	1.3	3:52	0.4	7:05	4:36	
18	Fri	10:11	9.7	10:45	8.6	3:55	1.1	4:33	0.1	7:04	4:37	
19	Sat	10:53	10.0	11:26	9.0	4:37	0.7	5:12	-0.2	7:03	4:39	
20	Sun	11:35	10.2			5:20	0.4	5:52	-0.5	7:03	4:40	
21	Mon	12:06	9.3	12:17	10.4	6:02	0.1	6:31	-0.7	7:02	4:41	
22	Tue	12:47	9.7	1:00	10.4	6:46	-0.2	7:13	-0.8	7:01	4:42	
23	Wed	1:29	10.0	1:46	10.3	7:32	-0.4	7:57	-0.8	7:01	4:43	
24	Thu	2:13	10.2	2:34	10.1	8:20	-0.5	8:43	-0.7	7:00	4:45	
25	Fri	3:01	10.4	3:26	9.7	9:12	-0.5	9:33	-0.4	6:59	4:46	
26	Sat	3:52	10.4	4:22	9.4	10:08	-0.5	10:27	-0.1	6:58	4:47	
27	Sun	4:46	10.4	5:22	9.0	11:07	-0.3	11:25	0.2	6:57	4:49	
28	Mon	5:45	10.3	6:25	8.8			12:10	-0.3	6:57	4:50	
29	Tue	6:47	10.3	7:30	8.7	12:26	0.4	1:14	-0.3	6:56	4:51	
30	Wed	7:50	10.4	8:34	8.9	1:29	0.4	2:17	-0.5	6:55	4:52	
31	Thu	8:50	10.5	9:33	9.1	2:31	0.3	3:16	-0.7	6:54	4:54	