

Quick's Hole, Nashawena Island, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:07	3.5	3:35	3.3	9:53	0.7	9:54	0.5	6:15	4:38	
2	Tue	4:06	3.6	4:30	3.3	10:30	0.6	10:16	0.5	6:16	4:37	
3	Wed	4:57	3.7	5:17	3.4	11:00	0.5	10:40	0.3	6:17	4:36	
4	Thu	5:41	3.8	5:59	3.4	11:29	0.4	11:11	0.2	6:19	4:34	
5	Fri	6:20	3.9	6:37	3.4			12:02	0.2	6:20	4:33	
6	Sat	6:56	3.9	7:14	3.4			12:39	0.2	6:21	4:32	
7	Sun	7:30	3.8	7:50	3.4	12:23	0.1	1:18	0.1	6:22	4:31	
8	Mon	8:03	3.8	8:26	3.3	1:02	0.1	1:56	0.1	6:23	4:30	
9	Tue	8:37	3.6	9:05	3.2	1:41	0.1	2:33	0.2	6:25	4:29	
10	Wed	9:13	3.5	9:46	3.1	2:20	0.2	3:07	0.3	6:26	4:28	
11	Thu	9:54	3.4	10:31	3.0	2:58	0.3	3:42	0.4	6:27	4:27	
12	Fri	10:40	3.3	11:20	3.0	3:38	0.4	4:19	0.5	6:28	4:26	
13	Sat	11:31	3.2			4:23	0.5	5:06	0.5	6:30	4:25	
14	Sun	12:12	3.0	12:25	3.2	5:18	0.6	6:05	0.5	6:31	4:24	
15	Mon	1:05	3.2	1:20	3.2	6:29	0.6	7:13	0.4	6:32	4:23	
16	Tue	2:01	3.4	2:20	3.3	7:49	0.5	8:18	0.2	6:33	4:22	
17	Wed	3:00	3.7	3:24	3.5	9:04	0.2	9:14	0.0	6:34	4:22	
18	Thu	4:02	4.1	4:26	3.7	10:05	0.0	10:05	-0.3	6:36	4:21	
19	Fri	5:00	4.5	5:24	3.9	10:59	-0.3	10:53	-0.5	6:37	4:20	
20	Sat	5:54	4.8	6:18	4.1	11:52	-0.4	11:42	-0.6	6:38	4:19	
21	Sun	6:46	5.0	7:11	4.2			12:45	-0.5	6:39	4:19	
22	Mon	7:38	5.0	8:03	4.2	12:33	-0.6	1:38	-0.5	6:40	4:18	
23	Tue	8:30	4.9	8:55	4.2	1:25	-0.6	2:30	-0.4	6:41	4:18	
24	Wed	9:23	4.6	9:49	4.0	2:16	-0.4	3:18	-0.2	6:42	4:17	
25	Thu	10:17	4.3	10:46	3.8	3:07	-0.1	4:05	0.0	6:44	4:17	
26	Fri	11:13	4.0	11:43	3.6	3:58	0.2	4:55	0.3	6:45	4:16	
27	Sat			12:09	3.6	4:55	0.5	6:00	0.4	6:46	4:16	
28	Sun	12:40	3.5	1:04	3.3	6:24	0.7	7:19	0.5	6:47	4:15	
29	Mon	1:36	3.4	1:59	3.1	8:21	0.8	8:12	0.6	6:48	4:15	
30	Tue	2:34	3.3	2:55	3.0	9:18	0.7	8:50	0.5	6:49	4:14	