

Quick's Hole, Nashawena Island, MA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			12:01	3.0	5:02	0.3	5:25	0.1	7:09	4:24	
2	Mon	12:38	3.1	12:55	2.9	6:03	0.4	6:23	0.1	7:09	4:25	
3	Tue	1:32	3.3	1:52	2.9	7:19	0.3	7:28	0.0	7:09	4:26	
4	Wed	2:31	3.5	2:56	3.0	8:39	0.2	8:34	-0.2	7:09	4:26	
5	Thu	3:36	3.7	4:03	3.2	9:49	0.0	9:36	-0.4	7:09	4:27	
6	Fri	4:39	4.0	5:05	3.5	10:47	-0.3	10:33	-0.6	7:09	4:28	
7	Sat	5:37	4.4	6:02	3.8	11:41	-0.5	11:28	-0.7	7:09	4:29	
8	Sun	6:31	4.6	6:56	4.0			12:34	-0.6	7:09	4:30	
9	Mon	7:23	4.7	7:48	4.2	12:23	-0.8	1:27	-0.7	7:09	4:31	
10	Tue	8:14	4.7	8:40	4.2	1:18	-0.8	2:15	-0.7	7:09	4:32	
11	Wed	9:05	4.5	9:32	4.1	2:12	-0.7	2:59	-0.6	7:08	4:33	
12	Thu	9:57	4.2	10:25	4.0	3:03	-0.5	3:39	-0.5	7:08	4:35	
13	Fri	10:49	3.9	11:20	3.8	3:52	-0.2	4:18	-0.2	7:08	4:36	
14	Sat	11:43	3.5			4:44	0.1	5:01	0.0	7:07	4:37	
15	Sun	12:15	3.6	12:36	3.2	5:50	0.4	5:50	0.2	7:07	4:38	
16	Mon	1:10	3.3	1:30	2.9	7:43	0.6	6:48	0.3	7:06	4:39	
17	Tue	2:06	3.2	2:26	2.7	8:58	0.6	7:51	0.4	7:06	4:40	
18	Wed	3:07	3.0	3:27	2.6	9:49	0.5	8:49	0.4	7:05	4:41	
19	Thu	4:08	3.0	4:25	2.6	10:29	0.4	9:40	0.3	7:05	4:43	
20	Fri	5:01	3.1	5:16	2.8	11:04	0.3	10:26	0.1	7:04	4:44	
21	Sat	5:45	3.2	5:59	2.9	11:39	0.2	11:10	0.0	7:04	4:45	
22	Sun	6:23	3.3	6:38	3.0			12:16	0.0	7:03	4:46	
23	Mon	6:58	3.4	7:15	3.1			12:53	-0.1	7:02	4:47	
24	Tue	7:31	3.4	7:51	3.2	12:36	-0.3	1:29	-0.2	7:02	4:49	
25	Wed	8:04	3.4	8:28	3.2	1:17	-0.3	2:02	-0.3	7:01	4:50	
26	Thu	8:40	3.4	9:06	3.2	1:57	-0.3	2:32	-0.3	7:00	4:51	
27	Fri	9:18	3.3	9:46	3.2	2:34	-0.3	3:01	-0.3	6:59	4:52	
28	Sat	10:00	3.2	10:31	3.2	3:12	-0.2	3:32	-0.3	6:58	4:54	
29	Sun	10:46	3.1	11:19	3.2	3:51	-0.1	4:08	-0.2	6:57	4:55	
30	Mon	11:38	3.0			4:37	0.0	4:51	-0.1	6:56	4:56	
31	Tue	12:11	3.3	12:32	2.9	5:33	0.1	5:45	-0.1	6:56	4:57	