US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:30	3.2	6:03	3.8	10:46	0.5			5:13	8:21	
2	Sun	6:22	3.3	6:50	3.8	12:20	0.5	11:26 AM	0.4	5:13	8:20	
3	Mon	7:08	3.3	7:32	3.9	12:51	0.5	12:07	0.4	5:14	8:20	
4	Tue	7:51	3.4	8:11	3.8	1:24	0.4	12:50	0.3	5:14	8:20	
5	Wed	8:31	3.4	8:47	3.8	2:01	0.3	1:35	0.2	5:15	8:20	
6	Thu	9:10	3.4	9:22	3.7	2:39	0.2	2:19	0.2	5:16	8:19	
7	Fri	9:48	3.4	9:57	3.6	3:16	0.2	3:03	0.2	5:16	8:19	
8	Sat	10:26	3.3	10:32	3.5	3:49	0.2	3:44	0.3	5:17	8:19	
9	Sun	11:05	3.3	11:11	3.4	4:21	0.3	4:23	0.4	5:18	8:18	
10	Mon	11:47	3.3	11:53	3.2	4:52	0.3	5:03	0.5	5:18	8:18	
11	Tue			12:30	3.3	5:26	0.3	5:48	0.6	5:19	8:18	
12	Wed	12:39	3.2	1:16	3.4	6:06	0.4	6:42	0.7	5:20	8:17	
13	Thu	1:29	3.1	2:05	3.5	6:55	0.4	7:48	0.7	5:21	8:17	
14	Fri	2:22	3.1	2:58	3.7	7:53	0.3	9:02	0.6	5:21	8:16	
15	Sat	3:20	3.2	3:59	3.9	8:56	0.2	10:13	0.4	5:22	8:15	
16	Sun	4:26	3.3	5:03	4.1	9:59	0.1	11:14	0.2	5:23	8:15	
17	Mon	5:31	3.5	6:04	4.4	10:59	-0.1			5:24	8:14	
18	Tue	6:31	3.8	7:01	4.7	12:09	0.0	11:56 AM	-0.3	5:25	8:14	
19	Wed	7:27	4.2	7:54	4.9	1:02	-0.2	12:52	-0.4	5:25	8:13	
20	Thu	8:21	4.4	8:47	5.0	1:56	-0.4	1:49	-0.4	5:26	8:12	
21	Fri	9:14	4.6	9:39	4.9	2:48	-0.4	2:47	-0.4	5:27	8:11	
22	Sat	10:06	4.6	10:31	4.7	3:36	-0.4	3:43	-0.2	5:28	8:10	
23	Sun	11:00	4.5	11:24	4.4	4:19	-0.3	4:35	0.0	5:29	8:10	
24	Mon	11:55	4.4			5:00	-0.1	5:30	0.3	5:30	8:09	
25	Tue	12:18	4.1	12:51	4.2	5:43	0.1	6:39	0.6	5:31	8:08	
26	Wed	1:12	3.8	1:46	4.0	6:30	0.3	8:24	0.8	5:32	8:07	
27	Thu	2:06	3.5	2:41	3.8	7:24	0.5	9:40	0.8	5:33	8:06	
28	Fri	3:01	3.2	3:39	3.6	8:24	0.7	10:36	0.8	5:34	8:05	
29	Sat	4:00	3.1	4:40	3.5	9:23	0.7	11:18	0.8	5:35	8:04	
30	Sun	5:01	3.1	5:38	3.5	10:16	0.7	11:53	0.7	5:36	8:03	
31	Mon	5:56	3.1	6:27	3.6	11:03	0.6			5:37	8:02	