

Quick's Hole, Nashawena Island, MA - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:00	2.8	3:39	3.4	8:26	0.7	10:04	0.9	5:13	8:21	
2	Mon	3:55	2.7	4:35	3.4	9:18	0.7	10:51	0.8	5:13	8:20	
3	Tue	4:54	2.6	5:29	3.4	10:09	0.6	11:33	0.7	5:14	8:20	
4	Wed	5:49	2.7	6:17	3.5	10:58	0.6			5:15	8:20	
5	Thu	6:36	2.8	6:59	3.6	12:14	0.6	11:44 AM	0.5	5:15	8:20	
6	Fri	7:18	3.0	7:37	3.7	12:56	0.5	12:29	0.4	5:16	8:19	
7	Sat	7:57	3.1	8:14	3.7	1:40	0.3	1:14	0.3	5:16	8:19	
8	Sun	8:36	3.2	8:51	3.8	2:22	0.3	1:59	0.3	5:17	8:19	
9	Mon	9:15	3.3	9:29	3.8	2:59	0.2	2:42	0.2	5:18	8:18	
10	Tue	9:56	3.4	10:10	3.8	3:32	0.1	3:24	0.2	5:18	8:18	
11	Wed	10:39	3.5	10:53	3.7	4:02	0.1	4:04	0.3	5:19	8:18	
12	Thu	11:25	3.6	11:41	3.6	4:33	0.1	4:47	0.4	5:20	8:17	
13	Fri			12:13	3.7	5:09	0.1	5:35	0.5	5:21	8:17	
14	Sat	12:32	3.5	1:04	3.8	5:50	0.1	6:35	0.6	5:21	8:16	
15	Sun	1:25	3.3	1:57	3.9	6:40	0.1	7:52	0.6	5:22	8:15	
16	Mon	2:22	3.2	2:55	4.0	7:39	0.2	9:27	0.6	5:23	8:15	
17	Tue	3:23	3.2	3:59	4.1	8:45	0.2	10:46	0.5	5:24	8:14	
18	Wed	4:31	3.2	5:07	4.2	9:52	0.1	11:47	0.3	5:25	8:13	
19	Thu	5:38	3.4	6:11	4.4	10:57	0.1			5:26	8:13	
20	Fri	6:38	3.7	7:08	4.6	12:42	0.2	11:57 AM	0.0	5:26	8:12	
21	Sat	7:32	4.0	8:01	4.6	1:35	0.1	12:54	-0.1	5:27	8:11	
22	Sun	8:24	4.1	8:50	4.6	2:25	0.0	1:50	-0.1	5:28	8:10	
23	Mon	9:14	4.2	9:38	4.4	3:08	0.0	2:45	-0.1	5:29	8:10	
24	Tue	10:03	4.2	10:24	4.2	3:43	0.0	3:34	0.1	5:30	8:09	
25	Wed	10:52	4.1	11:10	3.9	4:12	0.0	4:19	0.2	5:31	8:08	
26	Thu	11:41	4.0	11:57	3.5	4:42	0.2	5:02	0.5	5:32	8:07	
27	Fri			12:30	3.8	5:14	0.3	5:48	0.7	5:33	8:06	
28	Sat	12:44	3.2	1:17	3.6	5:50	0.5	6:43	0.9	5:34	8:05	
29	Sun	1:30	2.9	2:05	3.4	6:34	0.6	7:53	1.0	5:35	8:04	
30	Mon	2:17	2.7	2:53	3.2	7:27	0.8	9:12	1.0	5:36	8:03	
31	Tue	3:08	2.6	3:48	3.1	8:29	0.8	10:17	1.0	5:37	8:02	