US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Jul 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:03	3.2	10:11	3.5	3:39	0.3	3:17	0.4	5:13	8:21	
2	Sat	10:43	3.1	10:48	3.4	4:13	0.4	3:58	0.4	5:14	8:20	
3	Sun	11:24	3.1	11:29	3.3	4:44	0.4	4:38	0.5	5:14	8:20	
4	Mon			12:08	3.1	5:15	0.4	5:21	0.6	5:15	8:20	
5	Tue	12:13	3.2	12:53	3.2	5:50	0.4	6:11	0.7	5:15	8:20	
6	Wed	1:00	3.1	1:39	3.4	6:32	0.4	7:12	0.7	5:16	8:19	
7	Thu	1:50	3.1	2:28	3.6	7:23	0.4	8:25	0.7	5:17	8:19	
8	Fri	2:45	3.1	3:23	3.8	8:21	0.3	9:39	0.5	5:17	8:19	
9	Sat	3:46	3.1	4:25	4.0	9:20	0.2	10:45	0.3	5:18	8:18	
10	Sun	4:53	3.2	5:28	4.2	10:20	0.0	11:43	0.1	5:19	8:18	
11	Mon	5:57	3.4	6:28	4.5	11:17	-0.1			5:19	8:18	
12	Tue	6:56	3.7	7:24	4.8	12:38	0.0	12:14	-0.2	5:20	8:17	
13	Wed	7:51	3.9	8:18	4.9	1:35	-0.1	1:11	-0.3	5:21	8:16	
14	Thu	8:44	4.1	9:11	4.9	2:32	-0.2	2:11	-0.3	5:22	8:16	
15	Fri	9:38	4.2	10:04	4.7	3:25	-0.2	3:10	-0.2	5:23	8:15	
16	Sat	10:31	4.2	10:56	4.5	4:11	-0.2	4:06	-0.1	5:23	8:15	
17	Sun	11:26	4.2	11:50	4.2	4:53	-0.1	5:01	0.2	5:24	8:14	
18	Mon			12:21	4.1	5:33	0.1	6:01	0.4	5:25	8:13	
19	Tue	12:43	3.8	1:16	4.0	6:15	0.3	7:24	0.7	5:26	8:13	
20	Wed	1:35	3.5	2:09	3.8	7:00	0.5	8:55	0.8	5:27	8:12	
21	Thu	2:27	3.2	3:03	3.7	7:50	0.6	10:00	0.9	5:28	8:11	
22	Fri	3:22	3.0	4:01	3.5	8:43	0.7	10:51	0.8	5:29	8:10	
23	Sat	4:22	2.8	5:01	3.5	9:35	0.7	11:32	0.8	5:29	8:09	
24	Sun	5:22	2.8	5:56	3.5	10:26	0.7			5:30	8:09	
25	Mon	6:14	2.9	6:43	3.5	12:07	0.7	11:14 AM	0.6	5:31	8:08	
26	Tue	7:00	3.1	7:23	3.6	12:43	0.6	12:01	0.5	5:32	8:07	
27	Wed	7:41	3.2	8:00	3.7	1:22	0.5	12:46	0.4	5:33	8:06	
28	Thu	8:19	3.3	8:35	3.7	2:02	0.4	1:32	0.3	5:34	8:05	
29	Fri	8:57	3.3	9:09	3.7	2:41	0.3	2:17	0.3	5:35	8:04	
30	Sat	9:34	3.4	9:43	3.7	3:15	0.3	2:59	0.3	5:36	8:03	
31	Sun	10:12	3.4	10:20	3.6	3:44	0.2	3:39	0.3	5:37	8:02	