US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:05	3.5	3:27	2.8	10:04	0.4	9:05	0.3	7:09	4:24	
2	Mon	4:07	3.5	4:28	2.8	10:51	0.3	9:46	0.2	7:09	4:25	
3	Tue	5:02	3.5	5:21	2.8	11:29	0.3	10:27	0.2	7:09	4:26	
4	Wed	5:50	3.5	6:07	2.9			12:02	0.2	7:09	4:26	
5	Thu	6:34	3.5	6:50	3.0			12:36	0.2	7:09	4:27	
6	Fri	7:13	3.5	7:30	3.0			1:11	0.1	7:09	4:28	
7	Sat	7:51	3.5	8:09	3.0	12:35	0.0	1:47	0.1	7:09	4:29	
8	Sun	8:26	3.4	8:46	3.0	1:20	-0.1	2:22	0.0	7:09	4:30	
9	Mon	9:00	3.3	9:24	2.9	2:03	-0.1	2:55	0.0	7:09	4:31	
10	Tue	9:34	3.1	10:03	2.8	2:43	0.0	3:25	0.1	7:08	4:32	
11	Wed	10:11	3.0	10:44	2.8	3:22	0.1	3:55	0.1	7:08	4:33	
12	Thu	10:51	2.8	11:26	2.8	4:02	0.2	4:26	0.2	7:08	4:35	
13	Fri	11:35	2.7			4:46	0.3	5:03	0.2	7:08	4:36	
14	Sat	12:11	2.9	12:23	2.6	5:39	0.5	5:48	0.2	7:07	4:37	
15	Sun	12:59	3.0	1:15	2.5	6:47	0.5	6:45	0.2	7:07	4:38	
16	Mon	1:51	3.1	2:14	2.5	8:07	0.4	7:48	0.1	7:06	4:39	
17	Tue	2:52	3.3	3:22	2.6	9:22	0.2	8:53	-0.1	7:06	4:40	
18	Wed	3:59	3.6	4:29	2.8	10:23	0.0	9:55	-0.3	7:05	4:41	
19	Thu	5:02	3.9	5:29	3.2	11:18	-0.2	10:53	-0.5	7:05	4:43	
20	Fri	5:59	4.2	6:24	3.5			12:11	-0.4	7:04	4:44	
21	Sat	6:53	4.4	7:17	3.8			1:04	-0.5	7:03	4:45	
22	Sun	7:44	4.5	8:08	4.0	12:47	-0.8	1:55	-0.6	7:03	4:46	
23	Mon	8:35	4.5	9:00	4.0	1:45	-0.8	2:39	-0.7	7:02	4:47	
24	Tue	9:26	4.3	9:53	4.0	2:39	-0.7	3:20	-0.6	7:01	4:49	
25	Wed	10:17	4.0	10:47	3.9	3:31	-0.5	3:58	-0.5	7:01	4:50	
26	Thu	11:10	3.6	11:42	3.8	4:24	-0.2	4:37	-0.3	7:00	4:51	
27	Fri			12:04	3.3	5:26	0.1	5:20	0.0	6:59	4:52	
28	Sat	12:37	3.6	12:58	2.9	7:04	0.4	6:11	0.2	6:58	4:54	
29	Sun	1:33	3.4	1:54	2.7	8:36	0.5	7:10	0.4	6:57	4:55	
30	Mon	2:33	3.2	2:56	2.5	9:41	0.5	8:14	0.4	6:56	4:56	
31	Tue	3:39	3.0	4:01	2.5	10:31	0.5	9:16	0.4	6:55	4:57	