US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:22	3.2	6:48	4.3	12:08	0.2	11:42 AM	0.0	5:13	8:21	
2	Sun	7:15	3.5	7:40	4.5	12:58	0.0	12:33	-0.1	5:14	8:20	
3	Mon	8:07	3.7	8:32	4.6	1:50	-0.1	1:27	-0.2	5:14	8:20	
4	Tue	8:59	3.9	9:24	4.7	2:44	-0.2	2:23	-0.3	5:15	8:20	
5	Wed	9:52	4.0	10:17	4.6	3:34	-0.2	3:20	-0.2	5:15	8:20	
6	Thu	10:46	4.1	11:11	4.4	4:21	-0.2	4:16	-0.1	5:16	8:20	
7	Fri	11:42	4.1			5:06	-0.1	5:13	0.1	5:17	8:19	
8	Sat	12:06	4.2	12:39	4.1	5:52	0.0	6:22	0.4	5:17	8:19	
9	Sun	1:01	3.9	1:36	4.1	6:42	0.2	8:01	0.6	5:18	8:18	
10	Mon	1:56	3.6	2:32	4.1	7:37	0.3	9:29	0.6	5:19	8:18	
11	Tue	2:52	3.3	3:30	4.0	8:33	0.4	10:35	0.6	5:19	8:18	
12	Wed	3:52	3.2	4:32	3.9	9:26	0.5	11:28	0.6	5:20	8:17	
13	Thu	4:55	3.1	5:32	3.9	10:15	0.5			5:21	8:17	
14	Fri	5:55	3.1	6:26	3.9	12:14	0.6	11:02 AM	0.5	5:22	8:16	
15	Sat	6:47	3.2	7:14	3.9	12:53	0.6	11:46 AM	0.5	5:22	8:15	
16	Sun	7:33	3.3	7:58	3.9	1:29	0.5	12:31	0.4	5:23	8:15	
17	Mon	8:16	3.4	8:38	3.8	2:04	0.5	1:17	0.4	5:24	8:14	
18	Tue	8:58	3.4	9:16	3.8	2:39	0.4	2:04	0.3	5:25	8:14	
19	Wed	9:37	3.4	9:52	3.6	3:12	0.4	2:49	0.3	5:26	8:13	
20	Thu	10:16	3.3	10:27	3.5	3:45	0.3	3:33	0.4	5:27	8:12	
21	Fri	10:55	3.3	11:02	3.3	4:15	0.4	4:14	0.4	5:27	8:11	
22	Sat	11:34	3.2	11:39	3.2	4:45	0.4	4:54	0.6	5:28	8:10	
23	Sun			12:14	3.2	5:15	0.4	5:37	0.7	5:29	8:10	
24	Mon	12:19	3.0	12:55	3.3	5:49	0.5	6:26	0.8	5:30	8:09	
25	Tue	1:03	2.9	1:38	3.3	6:28	0.5	7:26	0.9	5:31	8:08	
26	Wed	1:51	2.8	2:25	3.4	7:18	0.5	8:39	0.8	5:32	8:07	
27	Thu	2:45	2.8	3:20	3.5	8:17	0.5	9:51	0.7	5:33	8:06	
28	Fri	3:47	2.8	4:24	3.7	9:20	0.4	10:54	0.5	5:34	8:05	
29	Sat	4:55	3.0	5:29	4.0	10:23	0.2	11:49	0.3	5:35	8:04	
30	Sun	5:59	3.3	6:29	4.3	11:23	0.0			5:36	8:03	
31	Mon	6:56	3.6	7:24	4.6	12:41	0.1	12:20	-0.2	5:37	8:02	