US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:50	3.9	8:16	4.8	1:34	-0.1	1:17	-0.3	5:38	8:01	
2	Wed	8:42	4.2	9:07	4.8	2:25	-0.2	2:16	-0.3	5:39	8:00	
3	Thu	9:34	4.4	9:58	4.7	3:12	-0.3	3:14	-0.3	5:40	7:58	
4	Fri	10:26	4.5	10:50	4.5	3:55	-0.3	4:09	-0.2	5:41	7:57	
5	Sat	11:20	4.5	11:43	4.1	4:34	-0.2	5:03	0.1	5:42	7:56	
6	Sun			12:15	4.4	5:14	-0.1	6:05	0.4	5:43	7:55	
7	Mon	12:37	3.8	1:10	4.2	5:56	0.1	7:34	0.6	5:44	7:54	
8	Tue	1:32	3.5	2:06	4.0	6:45	0.4	9:08	0.8	5:45	7:52	
9	Wed	2:28	3.2	3:04	3.8	7:42	0.6	10:18	0.8	5:46	7:51	
10	Thu	3:27	3.0	4:08	3.6	8:46	0.7	11:13	0.8	5:47	7:50	
11	Fri	4:31	3.0	5:13	3.6	9:51	0.8	11:58	0.8	5:48	7:48	
12	Sat	5:34	3.0	6:10	3.6	10:47	0.7			5:49	7:47	
13	Sun	6:27	3.2	6:57	3.6	12:34	0.7	11:35 AM	0.6	5:50	7:46	
14	Mon	7:12	3.3	7:38	3.7	1:06	0.6	12:20	0.5	5:51	7:44	
15	Tue	7:53	3.4	8:15	3.7	1:36	0.5	1:04	0.4	5:52	7:43	
16	Wed	8:31	3.5	8:48	3.7	2:08	0.4	1:48	0.3	5:53	7:42	
17	Thu	9:08	3.6	9:20	3.7	2:40	0.3	2:32	0.3	5:54	7:40	
18	Fri	9:43	3.6	9:52	3.5	3:10	0.2	3:13	0.3	5:55	7:39	
19	Sat	10:18	3.5	10:26	3.4	3:38	0.2	3:51	0.3	5:56	7:37	
20	Sun	10:54	3.5	11:03	3.2	4:05	0.3	4:27	0.4	5:57	7:36	
21	Mon	11:32	3.5	11:46	3.1	4:34	0.3	5:05	0.6	5:58	7:34	
22	Tue			12:15	3.5	5:05	0.4	5:47	0.7	5:59	7:33	
23	Wed	12:33	2.9	1:02	3.5	5:43	0.5	6:40	0.8	6:00	7:31	
24	Thu	1:25	2.9	1:54	3.5	6:33	0.5	7:53	0.9	6:01	7:30	
25	Fri	2:21	2.8	2:53	3.6	7:37	0.6	9:25	0.8	6:02	7:28	
26	Sat	3:25	2.9	4:01	3.7	8:52	0.5	10:40	0.6	6:03	7:26	
27	Sun	4:34	3.1	5:11	4.0	10:06	0.3	11:36	0.4	6:04	7:25	
28	Mon	5:40	3.5	6:13	4.3	11:13	0.1			6:05	7:23	
29	Tue	6:39	3.9	7:07	4.6	12:25	0.1	12:13	-0.2	6:06	7:22	
30	Wed	7:32	4.3	7:58	4.7	1:11	-0.1	1:11	-0.3	6:07	7:20	
31	Thu	8:23	4.6	8:48	4.8	1:56	-0.3	2:08	-0.4	6:08	7:18	