US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Jul 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:46	3.4	1:19	3.6	6:14	0.5	6:40	0.8	5:13	8:21	
2	Wed	1:33	3.1	2:07	3.5	6:56	0.6	7:52	0.9	5:14	8:20	
3	Thu	2:18	2.9	2:54	3.4	7:44	0.7	9:05	1.0	5:14	8:20	
4	Fri	3:05	2.7	3:44	3.3	8:35	0.7	10:04	0.9	5:15	8:20	
5	Sat	3:59	2.6	4:38	3.3	9:26	0.7	10:54	0.8	5:16	8:20	
6	Sun	4:57	2.6	5:31	3.3	10:17	0.6	11:38	0.7	5:16	8:19	
7	Mon	5:52	2.7	6:18	3.5	11:05	0.5			5:17	8:19	
8	Tue	6:38	2.8	7:00	3.6	12:22	0.5	11:52 AM	0.4	5:18	8:19	
9	Wed	7:20	3.0	7:40	3.7	1:05	0.4	12:37	0.3	5:18	8:18	
10	Thu	8:01	3.2	8:19	3.9	1:50	0.3	1:22	0.3	5:19	8:18	
11	Fri	8:43	3.3	8:59	3.9	2:32	0.2	2:07	0.2	5:20	8:17	
12	Sat	9:25	3.4	9:41	4.0	3:10	0.1	2:52	0.2	5:20	8:17	
13	Sun	10:09	3.5	10:26	3.9	3:43	0.1	3:36	0.2	5:21	8:16	
14	Mon	10:56	3.6	11:13	3.8	4:16	0.0	4:21	0.2	5:22	8:16	
15	Tue	11:46	3.8			4:50	0.0	5:08	0.3	5:23	8:15	
16	Wed	12:04	3.7	12:37	3.9	5:29	0.0	6:03	0.5	5:24	8:15	
17	Thu	12:57	3.5	1:30	4.0	6:15	0.1	7:14	0.6	5:24	8:14	
18	Fri	1:52	3.4	2:25	4.0	7:09	0.2	8:49	0.6	5:25	8:13	
19	Sat	2:50	3.3	3:25	4.1	8:10	0.2	10:18	0.6	5:26	8:12	
20	Sun	3:55	3.2	4:32	4.1	9:16	0.3	11:24	0.4	5:27	8:12	
21	Mon	5:03	3.3	5:39	4.2	10:22	0.2			5:28	8:11	
22	Tue	6:06	3.5	6:39	4.4	12:20	0.3	11:23 AM	0.1	5:29	8:10	
23	Wed	7:03	3.7	7:33	4.5	1:13	0.2	12:20	0.1	5:30	8:09	
24	Thu	7:55	3.9	8:23	4.5	2:03	0.2	1:15	0.0	5:31	8:08	
25	Fri	8:44	4.0	9:10	4.4	2:48	0.1	2:08	0.1	5:32	8:07	
26	Sat	9:32	4.0	9:55	4.2	3:23	0.1	2:58	0.1	5:33	8:06	
27	Sun	10:19	4.0	10:39	3.9	3:52	0.1	3:43	0.2	5:33	8:05	
28	Mon	11:06	3.9	11:22	3.6	4:19	0.2	4:26	0.4	5:34	8:04	
29	Tue	11:52	3.7			4:47	0.3	5:09	0.6	5:35	8:03	
30	Wed	12:06	3.3	12:38	3.6	5:20	0.4	5:55	0.8	5:36	8:02	
31	Thu	12:50	3.0	1:22	3.4	5:57	0.5	6:51	0.9	5:37	8:01	