

































Quick's Hole, Nashawena Island, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:21	4.2	5:48	3.4	11:46	-0.2	11:07	-0.5	7:09	4:24	
2	Fri	6:17	4.4	6:42	3.7			12:41	-0.3	7:09	4:25	
3	Sat	7:10	4.5	7:34	3.8	12:02	-0.6	1:34	-0.4	7:09	4:26	
4	Sun	8:01	4.4	8:25	3.9	12:59	-0.6	2:22	-0.4	7:09	4:27	
5	Mon	8:51	4.3	9:16	3.9	1:53	-0.5	3:02	-0.4	7:09	4:28	
6	Tue	9:40	4.0	10:07	3.8	2:44	-0.4	3:37	-0.2	7:09	4:29	
7	Wed	10:30	3.7	10:59	3.6	3:31	-0.2	4:10	-0.1	7:09	4:30	
8	Thu	11:19	3.3	11:51	3.4	4:18	0.1	4:44	0.1	7:09	4:31	
9	Fri			12:08	3.0	5:10	0.4	5:24	0.2	7:09	4:32	
10	Sat	12:42	3.3	12:57	2.7	6:15	0.6	6:11	0.4	7:08	4:33	
11	Sun	1:33	3.1	1:47	2.4	7:40	0.7	7:06	0.4	7:08	4:34	
12	Mon	2:26	3.0	2:43	2.3	8:53	0.7	8:06	0.5	7:08	4:35	
13	Tue	3:26	2.9	3:45	2.3	9:47	0.6	9:04	0.4	7:07	4:36	
14	Wed	4:25	2.9	4:43	2.4	10:31	0.5	9:57	0.3	7:07	4:37	
15	Thu	5:15	3.0	5:30	2.5	11:13	0.3	10:45	0.2	7:07	4:38	
16	Fri	5:57	3.2	6:11	2.7	11:55	0.2	11:30	0.0	7:06	4:39	
17	Sat	6:34	3.3	6:49	2.9			12:36	0.0	7:06	4:40	
18	Sun	7:10	3.4	7:27	3.0	12:14	-0.1	1:15	-0.1	7:05	4:42	
19	Mon	7:45	3.5	8:05	3.1	12:57	-0.2	1:50	-0.2	7:05	4:43	
20	Tue	8:22	3.6	8:45	3.2	1:38	-0.2	2:21	-0.3	7:04	4:44	
21	Wed	9:02	3.5	9:27	3.3	2:18	-0.3	2:50	-0.3	7:03	4:45	
22	Thu	9:44	3.4	10:11	3.3	2:57	-0.2	3:21	-0.3	7:03	4:46	
23	Fri	10:31	3.3	11:00	3.4	3:38	-0.1	3:56	-0.3	7:02	4:48	
24	Sat	11:22	3.1	11:52	3.4	4:24	0.0	4:36	-0.3	7:01	4:49	
25	Sun			12:17	2.9	5:20	0.2	5:25	-0.2	7:00	4:50	
26	Mon	12:47	3.5	1:15	2.8	6:35	0.3	6:26	0.0	7:00	4:51	
27	Tue	1:47	3.5	2:18	2.8	8:28	0.3	7:37	0.0	6:59	4:53	
28	Wed	2:54	3.5	3:28	2.8	9:55	0.2	8:52	-0.1	6:58	4:54	
29	Thu	4:06	3.7	4:36	3.1	10:55	0.0	10:03	-0.2	6:57	4:55	
30	Fri	5:11	3.9	5:36	3.4	11:48	-0.1	11:04	-0.4	6:56	4:56	
31	Sat	6:08	4.1	6:29	3.7			12:37	-0.3	6:55	4:58	