US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**5:17**	3.7	**5:39**	3.6	**11:41**	0.0	**11:37**	-0.2	6:17	5:33	
2	Sat	**6:07**	3.8	**6:27**	3.8			**12:13**	-0.1	6:15	5:35	
3	Sun	**6:52**	3.9	**7:12**	4.0	**12:18**	-0.3	**12:40**	-0.2	6:14	5:36	
4	Mon	**7:34**	3.8	**7:54**	4.0	**12:57**	-0.3	**1:07**	-0.3	6:12	5:37	
5	Tue	**8:15**	3.7	**8:34**	3.9	**1:34**	-0.3	**1:37**	-0.3	6:10	5:38	
6	Wed	**8:54**	3.5	**9:13**	3.7	**2:10**	-0.3	**2:10**	-0.3	6:09	5:39	
7	Thu	**9:33**	3.3	**9:51**	3.4	**2:46**	-0.2	**2:44**	-0.2	6:07	5:40	
8	Fri	**10:13**	3.0	**10:30**	3.2	**3:22**	0.0	**3:20**	-0.1	6:06	5:42	
9	Sat	**10:54**	2.7	**11:10**	2.9	**3:59**	0.2	**3:58**	0.1	6:04	5:43	
10	Sun			**12:38**	2.6	**5:41**	0.4	**5:39**	0.3	7:02	6:44	
11	Mon	**12:54**	2.7	**1:24**	2.4	**6:31**	0.6	**6:30**	0.4	7:01	6:45	
12	Tue	**1:40**	2.6	**2:14**	2.4	**7:45**	0.7	**7:34**	0.5	6:59	6:46	
13	Wed	**2:32**	2.6	**3:09**	2.4	**9:24**	0.7	**8:50**	0.5	6:57	6:47	
14	Thu	**3:32**	2.6	**4:10**	2.5	**10:27**	0.6	**10:02**	0.4	6:56	6:48	
15	Fri	**4:38**	2.8	**5:11**	2.8	**11:11**	0.3	**11:00**	0.1	6:54	6:49	
16	Sat	**5:36**	3.0	**6:03**	3.2	**11:48**	0.1	**11:50**	-0.2	6:52	6:51	
17	Sun	**6:25**	3.4	**6:50**	3.6			**12:23**	-0.2	6:51	6:52	
18	Mon	**7:11**	3.7	**7:36**	4.0	**12:36**	-0.4	**12:59**	-0.4	6:49	6:53	
19	Tue	**7:56**	3.9	**8:21**	4.3	**1:23**	-0.6	**1:37**	-0.6	6:47	6:54	
20	Wed	**8:43**	4.0	**9:07**	4.5	**2:10**	-0.7	**2:17**	-0.7	6:46	6:55	
21	Thu	**9:30**	4.0	**9:55**	4.5	**2:58**	-0.7	**2:59**	-0.7	6:44	6:56	
22	Fri	**10:20**	3.8	**10:47**	4.4	**3:44**	-0.6	**3:42**	-0.6	6:42	6:57	
23	Sat	**11:14**	3.7	**11:42**	4.2	**4:31**	-0.4	**4:27**	-0.4	6:41	6:58	
24	Sun			**12:11**	3.5	**5:21**	-0.1	**5:16**	-0.2	6:39	6:59	
25	Mon	**12:41**	3.9	**1:11**	3.3	**6:24**	0.2	**6:14**	0.2	6:37	7:00	
26	Tue	**1:42**	3.7	**2:12**	3.2	**8:30**	0.4	**7:37**	0.4	6:35	7:02	
27	Wed	**2:46**	3.5	**3:16**	3.2	**9:56**	0.4	**9:56**	0.4	6:34	7:03	
28	Thu	**3:53**	3.4	**4:23**	3.3	**10:53**	0.3	**11:05**	0.3	6:32	7:04	
29	Fri	**4:59**	3.4	**5:25**	3.5	**11:37**	0.2	**11:53**	0.2	6:30	7:05	
30	Sat	**5:56**	3.5	**6:19**	3.7			**12:09**	0.1	6:29	7:06	
31	Sun	**6:45**	3.6	**7:06**	3.9	**12:32**	0.1	**12:32**	0.1	6:27	7:07	