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# Quick's Hole, Nashawena Island, MA - Jul 2030

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | **8:45** | 3.3 | **8:56** | 3.7 | **2:29** | 0.2 | **2:03** | 0.2 | 5:13 | 8:21 | |
| 2 | Tue | **9:24** | 3.4 | **9:33** | 3.7 | **3:05** | 0.2 | **2:45** | 0.2 | 5:14 | 8:20 | |
| 3 | Wed | **10:04** | 3.4 | **10:12** | 3.7 | **3:37** | 0.1 | **3:26** | 0.2 | 5:14 | 8:20 | |
| 4 | Thu | **10:46** | 3.5 | **10:54** | 3.6 | **4:06** | 0.1 | **4:06** | 0.3 | 5:15 | 8:20 | |
| 5 | Fri | **11:31** | 3.5 | **11:41** | 3.5 | **4:36** | 0.1 | **4:48** | 0.3 | 5:15 | 8:20 | |
| 6 | Sat | | | **12:18** | 3.6 | **5:11** | 0.1 | **5:35** | 0.4 | 5:16 | 8:19 | |
| 7 | Sun | **12:31** | 3.4 | **1:09** | 3.7 | **5:52** | 0.2 | **6:32** | 0.5 | 5:17 | 8:19 | |
| 8 | Mon | **1:24** | 3.3 | **2:01** | 3.8 | **6:43** | 0.2 | **7:44** | 0.6 | 5:17 | 8:19 | |
| 9 | Tue | **2:20** | 3.3 | **2:58** | 4.0 | **7:43** | 0.2 | **9:07** | 0.5 | 5:18 | 8:18 | |
| 10 | Wed | **3:21** | 3.3 | **4:01** | 4.1 | **8:49** | 0.2 | **10:26** | 0.4 | 5:19 | 8:18 | |
| 11 | Thu | **4:29** | 3.3 | **5:07** | 4.3 | **9:56** | 0.1 | **11:29** | 0.2 | 5:20 | 8:17 | |
| 12 | Fri | **5:35** | 3.5 | **6:10** | 4.5 | **10:59** | 0.0 | | | 5:20 | 8:17 | |
| 13 | Sat | **6:36** | 3.8 | **7:07** | 4.7 | **12:25** | 0.1 | **11:59 AM** | -0.2 | 5:21 | 8:16 | |
| 14 | Sun | **7:31** | 4.1 | **8:00** | 4.8 | **1:19** | -0.1 | **12:56** | -0.2 | 5:22 | 8:16 | |
| 15 | Mon | **8:24** | 4.3 | **8:50** | 4.8 | **2:11** | -0.1 | **1:53** | -0.2 | 5:23 | 8:15 | |
| 16 | Tue | **9:15** | 4.4 | **9:40** | 4.6 | **2:58** | -0.2 | **2:50** | -0.1 | 5:23 | 8:15 | |
| 17 | Wed | **10:06** | 4.4 | **10:28** | 4.4 | **3:37** | -0.2 | **3:41** | 0.0 | 5:24 | 8:14 | |
| 18 | Thu | **10:56** | 4.2 | **11:17** | 4.0 | **4:12** | -0.1 | **4:27** | 0.2 | 5:25 | 8:13 | |
| 19 | Fri | **11:47** | 4.1 | | | **4:46** | 0.1 | **5:13** | 0.4 | 5:26 | 8:13 | |
| 20 | Sat | **12:07** | 3.7 | **12:38** | 3.9 | **5:21** | 0.2 | **6:04** | 0.7 | 5:27 | 8:12 | |
| 21 | Sun | **12:56** | 3.4 | **1:29** | 3.7 | **6:01** | 0.4 | **7:08** | 0.9 | 5:28 | 8:11 | |
| 22 | Mon | **1:45** | 3.1 | **2:18** | 3.5 | **6:48** | 0.6 | **8:35** | 1.0 | 5:29 | 8:10 | |
| 23 | Tue | **2:34** | 2.9 | **3:10** | 3.3 | **7:43** | 0.7 | **9:46** | 1.0 | 5:30 | 8:09 | |
| 24 | Wed | **3:27** | 2.7 | **4:07** | 3.2 | **8:43** | 0.7 | **10:38** | 0.9 | 5:30 | 8:08 | |
| 25 | Thu | **4:26** | 2.7 | **5:06** | 3.2 | **9:43** | 0.7 | **11:22** | 0.8 | 5:31 | 8:08 | |
| 26 | Fri | **5:24** | 2.8 | **5:58** | 3.3 | **10:38** | 0.6 | | | 5:32 | 8:07 | |
| 27 | Sat | **6:14** | 3.0 | **6:40** | 3.5 | **12:03** | 0.6 | **11:28 AM** | 0.4 | 5:33 | 8:06 | |
| 28 | Sun | **6:57** | 3.2 | **7:17** | 3.6 | **12:42** | 0.5 | **12:14** | 0.3 | 5:34 | 8:05 | |
| 29 | Mon | **7:37** | 3.3 | **7:52** | 3.8 | **1:21** | 0.3 | **12:59** | 0.2 | 5:35 | 8:04 | |
| 30 | Tue | **8:16** | 3.5 | **8:29** | 3.9 | **1:59** | 0.2 | **1:43** | 0.1 | 5:36 | 8:03 | |
| 31 | Wed | **8:55** | 3.7 | **9:07** | 3.9 | **2:33** | 0.1 | **2:26** | 0.1 | 5:37 | 8:02 | |