US HARBORS www.USHarbors.com

Quick's Hole, Nashawena Island, MA - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**9:36**	3.8	**9:48**	3.9	**3:04**	0.0	**3:08**	0.1	5:38	8:00	
2	Fri	**10:18**	3.9	**10:32**	3.8	**3:35**	0.0	**3:49**	0.1	5:39	7:59	
3	Sat	**11:04**	3.9	**11:19**	3.7	**4:07**	-0.1	**4:31**	0.2	5:40	7:58	
4	Sun	**11:53**	4.0			**4:43**	0.0	**5:17**	0.3	5:41	7:57	
5	Mon	**12:12**	3.5	**12:46**	4.0	**5:25**	0.1	**6:12**	0.5	5:42	7:56	
6	Tue	**1:07**	3.4	**1:41**	4.0	**6:15**	0.2	**7:24**	0.6	5:43	7:55	
7	Wed	**2:05**	3.3	**2:40**	4.0	**7:17**	0.3	**9:04**	0.6	5:44	7:53	
8	Thu	**3:06**	3.3	**3:45**	4.1	**8:29**	0.3	**10:32**	0.5	5:45	7:52	
9	Fri	**4:14**	3.4	**4:53**	4.2	**9:46**	0.3	**11:31**	0.4	5:46	7:51	
10	Sat	**5:21**	3.6	**5:57**	4.4	**10:57**	0.2			5:47	7:49	
11	Sun	**6:22**	3.9	**6:53**	4.5	**12:20**	0.2	**11:57 AM**	0.0	5:48	7:48	
12	Mon	**7:16**	4.2	**7:44**	4.6	**1:05**	0.1	**12:52**	-0.1	5:49	7:47	
13	Tue	**8:06**	4.4	**8:31**	4.6	**1:47**	0.0	**1:45**	-0.1	5:50	7:45	
14	Wed	**8:55**	4.5	**9:17**	4.4	**2:24**	-0.1	**2:35**	0.0	5:51	7:44	
15	Thu	**9:41**	4.4	**10:02**	4.2	**2:58**	-0.1	**3:20**	0.1	5:52	7:43	
16	Fri	**10:28**	4.3	**10:47**	3.9	**3:31**	0.0	**4:01**	0.2	5:53	7:41	
17	Sat	**11:14**	4.1	**11:33**	3.6	**4:04**	0.1	**4:41**	0.4	5:54	7:40	
18	Sun			**12:01**	3.8	**4:40**	0.2	**5:22**	0.6	5:55	7:38	
19	Mon	**12:20**	3.3	**12:49**	3.5	**5:18**	0.4	**6:11**	0.9	5:56	7:37	
20	Tue	**1:08**	3.0	**1:37**	3.3	**6:03**	0.6	**7:17**	1.0	5:57	7:35	
21	Wed	**1:56**	2.8	**2:25**	3.1	**6:56**	0.8	**8:51**	1.1	5:58	7:34	
22	Thu	**2:46**	2.7	**3:18**	3.0	**8:01**	0.8	**10:03**	1.0	5:59	7:32	
23	Fri	**3:42**	2.7	**4:18**	3.0	**9:11**	0.8	**10:53**	0.9	6:00	7:31	
24	Sat	**4:42**	2.8	**5:16**	3.2	**10:14**	0.7	**11:34**	0.7	6:01	7:29	
25	Sun	**5:37**	3.0	**6:02**	3.4	**11:08**	0.5			6:02	7:28	
26	Mon	**6:23**	3.3	**6:42**	3.6	**12:11**	0.5	**11:54 AM**	0.3	6:03	7:26	
27	Tue	**7:05**	3.5	**7:21**	3.8	**12:45**	0.3	**12:38**	0.1	6:04	7:24	
28	Wed	**7:45**	3.8	**8:00**	4.0	**1:19**	0.1	**1:22**	0.0	6:05	7:23	
29	Thu	**8:25**	4.1	**8:41**	4.0	**1:52**	-0.1	**2:05**	-0.1	6:06	7:21	
30	Fri	**9:07**	4.2	**9:24**	4.0	**2:26**	-0.2	**2:49**	-0.1	6:07	7:20	
31	Sat	**9:52**	4.3	**10:10**	3.9	**3:01**	-0.2	**3:32**	-0.1	6:08	7:18	