

Rockport, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:29	9.8	3:59	10.2	9:43	-0.6	10:16	-0.5	5:34	8:02	
2	Mon	4:26	9.5	4:56	10.2	10:37	-0.3	11:17	-0.4	5:35	8:01	
3	Tue	5:29	9.1	5:57	10.1	11:35	0.0			5:36	8:00	
4	Wed	6:35	8.8	7:02	10.1	12:21	-0.3	12:37	0.2	5:37	7:59	
5	Thu	7:43	8.7	8:07	10.1	1:27	-0.3	1:41	0.4	5:38	7:58	
6	Fri	8:49	8.7	9:09	10.2	2:32	-0.3	2:44	0.4	5:39	7:56	
7	Sat	9:50	8.8	10:07	10.2	3:33	-0.4	3:44	0.3	5:40	7:55	
8	Sun	10:46	8.9	11:01	10.2	4:29	-0.5	4:39	0.3	5:41	7:54	
9	Mon	11:35	9.1	11:49	10.1	5:19	-0.5	5:29	0.2	5:42	7:52	
10	Tue			12:20	9.1	6:05	-0.4	6:16	0.2	5:43	7:51	
11	Wed	12:33	9.9	1:02	9.1	6:46	-0.3	6:59	0.3	5:45	7:50	
12	Thu	1:14	9.6	1:40	9.1	7:25	-0.1	7:40	0.4	5:46	7:48	
13	Fri	1:54	9.3	2:18	9.0	8:03	0.2	8:22	0.6	5:47	7:47	
14	Sat	2:33	8.9	2:56	8.9	8:42	0.5	9:04	0.7	5:48	7:45	
15	Sun	3:14	8.6	3:36	8.7	9:22	0.8	9:49	0.9	5:49	7:44	
16	Mon	3:58	8.2	4:21	8.6	10:05	1.1	10:37	1.1	5:50	7:42	
17	Tue	4:47	7.9	5:09	8.5	10:52	1.4	11:30	1.3	5:51	7:41	
18	Wed	5:41	7.6	6:03	8.4	11:43	1.6			5:52	7:39	
19	Thu	6:38	7.4	6:58	8.4	12:26	1.3	12:37	1.8	5:53	7:38	
20	Fri	7:37	7.4	7:54	8.5	1:23	1.3	1:33	1.8	5:54	7:36	
21	Sat	8:33	7.5	8:47	8.8	2:19	1.1	2:28	1.6	5:55	7:35	
22	Sun	9:24	7.8	9:37	9.1	3:11	0.8	3:19	1.3	5:56	7:33	
23	Mon	10:11	8.2	10:24	9.5	3:59	0.4	4:08	0.8	5:57	7:31	
24	Tue	10:55	8.7	11:10	9.9	4:44	0.0	4:55	0.3	5:59	7:30	
25	Wed	11:38	9.3	11:55	10.2	5:27	-0.4	5:41	-0.2	6:00	7:28	
26	Thu			12:21	9.8	6:10	-0.7	6:28	-0.6	6:01	7:27	
27	Fri	12:41	10.4	1:06	10.3	6:54	-0.9	7:17	-1.0	6:02	7:25	
28	Sat	1:29	10.4	1:53	10.6	7:40	-1.0	8:08	-1.1	6:03	7:23	
29	Sun	2:19	10.2	2:43	10.7	8:29	-0.9	9:01	-1.1	6:04	7:22	
30	Mon	3:13	9.9	3:37	10.6	9:21	-0.6	9:58	-0.9	6:05	7:20	
31	Tue	4:11	9.5	4:36	10.4	10:17	-0.3	10:59	-0.6	6:06	7:18	