

Rockport, MA - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:52	8.9	7:15	8.9	12:26	0.3	12:57	0.8	6:16	4:35	
2	Tue	7:47	9.0	8:12	8.7	1:24	0.5	1:55	0.7	6:18	4:34	
3	Wed	8:37	9.1	9:03	8.6	2:16	0.6	2:47	0.6	6:19	4:32	
4	Thu	9:21	9.2	9:48	8.5	3:01	0.8	3:32	0.4	6:20	4:31	
5	Fri	10:00	9.2	10:28	8.4	3:42	0.9	4:12	0.4	6:21	4:30	
6	Sat	10:35	9.1	11:04	8.3	4:19	1.0	4:49	0.3	6:23	4:29	
7	Sun	11:07	9.1	11:38	8.2	4:53	1.1	5:24	0.3	6:24	4:28	
8	Mon	11:40	9.1			5:28	1.2	5:59	0.3	6:25	4:26	
9	Tue	12:11	8.1	12:13	9.1	6:03	1.3	6:36	0.3	6:26	4:25	
10	Wed	12:46	8.1	12:49	9.1	6:41	1.3	7:15	0.4	6:28	4:24	
11	Thu	1:24	8.0	1:29	9.0	7:21	1.4	7:57	0.4	6:29	4:23	
12	Fri	2:07	8.0	2:14	8.9	8:06	1.4	8:43	0.5	6:30	4:22	
13	Sat	2:54	8.0	3:04	8.8	8:56	1.5	9:32	0.5	6:31	4:21	
14	Sun	3:46	8.1	3:59	8.7	9:51	1.4	10:25	0.5	6:33	4:20	
15	Mon	4:41	8.3	4:59	8.6	10:50	1.2	11:21	0.5	6:34	4:19	
16	Tue	5:39	8.7	6:01	8.7	11:51	0.9			6:35	4:18	
17	Wed	6:36	9.2	7:03	8.9	12:17	0.3	12:52	0.3	6:36	4:18	
18	Thu	7:31	9.7	8:02	9.2	1:13	0.1	1:50	-0.3	6:38	4:17	
19	Fri	8:25	10.3	8:59	9.5	2:08	-0.1	2:47	-0.9	6:39	4:16	
20	Sat	9:18	10.9	9:54	9.7	3:01	-0.4	3:41	-1.4	6:40	4:15	
21	Sun	10:10	11.3	10:47	9.9	3:53	-0.6	4:33	-1.8	6:41	4:15	
22	Mon	11:01	11.5	11:40	9.9	4:44	-0.7	5:25	-2.0	6:43	4:14	
23	Tue	11:53	11.4			5:36	-0.7	6:17	-1.9	6:44	4:13	
24	Wed	12:32	9.8	12:45	11.2	6:29	-0.6	7:10	-1.7	6:45	4:13	
25	Thu	1:26	9.7	1:39	10.7	7:23	-0.3	8:03	-1.3	6:46	4:12	
26	Fri	2:21	9.4	2:36	10.2	8:20	0.0	8:58	-0.8	6:47	4:12	
27	Sat	3:18	9.2	3:35	9.6	9:18	0.4	9:54	-0.3	6:48	4:11	
28	Sun	4:17	9.0	4:36	9.0	10:19	0.7	10:51	0.1	6:49	4:11	
29	Mon	5:17	8.9	5:39	8.6	11:22	0.9	11:48	0.5	6:51	4:10	
30	Tue	6:15	8.8	6:40	8.3			12:24	0.9	6:52	4:10	