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# Rockport, MA - Nov 1979

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 8:09 | 9.9 | 8:36 | 9.9 | 1:49 | -0.4 | 2:20 | -0.5 | 6:15 | 4:36 | |
| 2 | Fri | 9:03 | 10.4 | 9:32 | 10.1 | 2:45 | -0.6 | 3:17 | -1.0 | 6:17 | 4:34 | |
| 3 | Sat | 9:54 | 10.8 | 10:25 | 10.1 | 3:37 | -0.8 | 4:10 | -1.3 | 6:18 | 4:33 | |
| 4 | Sun | 10:43 | 11.0 | 11:16 | 10.0 | 4:26 | -0.8 | 5:00 | -1.5 | 6:19 | 4:32 | |
| 5 | Mon | 11:31 | 11.0 | | | 5:14 | -0.6 | 5:49 | -1.5 | 6:20 | 4:31 | |
| 6 | Tue | 12:05 | 9.8 | 12:17 | 10.8 | 6:02 | -0.3 | 6:37 | -1.2 | 6:22 | 4:30 | |
| 7 | Wed | 12:53 | 9.5 | 1:04 | 10.4 | 6:49 | 0.0 | 7:26 | -0.9 | 6:23 | 4:28 | |
| 8 | Thu | 1:42 | 9.1 | 1:52 | 9.9 | 7:38 | 0.4 | 8:15 | -0.4 | 6:24 | 4:27 | |
| 9 | Fri | 2:33 | 8.7 | 2:43 | 9.4 | 8:28 | 0.9 | 9:06 | 0.0 | 6:25 | 4:26 | |
| 10 | Sat | 3:26 | 8.4 | 3:37 | 8.9 | 9:21 | 1.2 | 9:59 | 0.5 | 6:27 | 4:25 | |
| 11 | Sun | 4:22 | 8.1 | 4:34 | 8.5 | 10:17 | 1.5 | 10:53 | 0.8 | 6:28 | 4:24 | |
| 12 | Mon | 5:19 | 8.0 | 5:34 | 8.3 | 11:16 | 1.6 | 11:49 | 1.0 | 6:29 | 4:23 | |
| 13 | Tue | 6:16 | 8.1 | 6:33 | 8.1 | | | 12:15 | 1.6 | 6:31 | 4:22 | |
| 14 | Wed | 7:09 | 8.2 | 7:28 | 8.1 | 12:43 | 1.1 | 1:12 | 1.4 | 6:32 | 4:21 | |
| 15 | Thu | 7:56 | 8.4 | 8:18 | 8.2 | 1:33 | 1.1 | 2:03 | 1.2 | 6:33 | 4:20 | |
| 16 | Fri | 8:40 | 8.7 | 9:03 | 8.2 | 2:19 | 1.0 | 2:49 | 0.9 | 6:34 | 4:19 | |
| 17 | Sat | 9:19 | 8.9 | 9:44 | 8.3 | 3:01 | 1.0 | 3:31 | 0.6 | 6:36 | 4:18 | |
| 18 | Sun | 9:55 | 9.1 | 10:23 | 8.4 | 3:40 | 0.9 | 4:10 | 0.3 | 6:37 | 4:17 | |
| 19 | Mon | 10:30 | 9.4 | 11:00 | 8.5 | 4:18 | 0.8 | 4:49 | 0.0 | 6:38 | 4:17 | |
| 20 | Tue | 11:07 | 9.6 | 11:39 | 8.6 | 4:55 | 0.8 | 5:28 | -0.3 | 6:39 | 4:16 | |
| 21 | Wed | 11:45 | 9.8 | | | 5:35 | 0.7 | 6:09 | -0.5 | 6:40 | 4:15 | |
| 22 | Thu | 12:19 | 8.7 | 12:26 | 9.9 | 6:17 | 0.6 | 6:53 | -0.6 | 6:42 | 4:14 | |
| 23 | Fri | 1:03 | 8.8 | 1:12 | 10.0 | 7:02 | 0.5 | 7:41 | -0.6 | 6:43 | 4:14 | |
| 24 | Sat | 1:52 | 8.8 | 2:03 | 9.9 | 7:53 | 0.5 | 8:32 | -0.6 | 6:44 | 4:13 | |
| 25 | Sun | 2:45 | 8.8 | 2:59 | 9.7 | 8:48 | 0.5 | 9:27 | -0.5 | 6:45 | 4:13 | |
| 26 | Mon | 3:44 | 8.9 | 4:01 | 9.5 | 9:49 | 0.5 | 10:26 | -0.4 | 6:46 | 4:12 | |
| 27 | Tue | 4:46 | 9.1 | 5:07 | 9.4 | 10:54 | 0.4 | 11:27 | -0.3 | 6:48 | 4:11 | |
| 28 | Wed | 5:49 | 9.4 | 6:14 | 9.3 | | | 12:00 | 0.2 | 6:49 | 4:11 | |
| 29 | Thu | 6:51 | 9.7 | 7:20 | 9.3 | 12:28 | -0.3 | 1:05 | -0.2 | 6:50 | 4:11 | |
| 30 | Fri | 7:50 | 10.1 | 8:22 | 9.4 | 1:28 | -0.3 | 2:06 | -0.6 | 6:51 | 4:10 | |