

































Rockport, MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:30	10.3	2:00	9.5	7:50	-1.1	8:06	-0.5	6:17	5:31	
2	Fri	2:21	10.3	2:56	9.0	8:45	-1.0	8:59	-0.1	6:16	5:32	
3	Sat	3:17	10.1	3:57	8.5	9:44	-0.7	9:58	0.3	6:14	5:34	
4	Sun	4:19	9.9	5:05	8.1	10:49	-0.3	11:02	0.7	6:13	5:35	
5	Mon	5:27	9.6	6:17	8.0	11:58	-0.1			6:11	5:36	
6	Tue	6:38	9.5	7:27	8.0	12:11	0.9	1:07	0.0	6:09	5:37	
7	Wed	7:46	9.4	8:31	8.3	1:20	0.9	2:12	-0.1	6:08	5:38	
8	Thu	8:48	9.5	9:26	8.5	2:25	0.7	3:09	-0.1	6:06	5:40	
9	Fri	9:42	9.5	10:14	8.8	3:22	0.5	3:58	-0.2	6:04	5:41	
10	Sat	10:30	9.4	10:56	8.9	4:12	0.3	4:41	-0.1	6:02	5:42	
11	Sun	11:13	9.3	11:34	9.0	4:56	0.2	5:19	0.0	6:01	5:43	
12	Mon	11:51	9.0			5:36	0.1	5:55	0.2	5:59	5:44	
13	Tue	12:08	9.0	12:27	8.8	6:14	0.2	6:29	0.5	5:57	5:46	
14	Wed	12:41	9.0	1:03	8.5	6:51	0.2	7:03	0.7	5:56	5:47	
15	Thu	1:14	8.9	1:40	8.2	7:30	0.4	7:39	1.0	5:54	5:48	
16	Fri	1:50	8.7	2:19	7.8	8:10	0.5	8:19	1.3	5:52	5:49	
17	Sat	2:30	8.6	3:04	7.5	8:55	0.8	9:03	1.6	5:50	5:50	
18	Sun	3:16	8.4	3:54	7.2	9:44	1.0	9:52	1.8	5:49	5:51	
19	Mon	4:08	8.2	4:52	7.0	10:39	1.2	10:47	2.0	5:47	5:53	
20	Tue	5:06	8.1	5:53	7.0	11:38	1.3	11:47	2.0	5:45	5:54	
21	Wed	6:07	8.1	6:53	7.1			12:38	1.2	5:43	5:55	
22	Thu	7:07	8.4	7:48	7.5	12:47	1.8	1:33	0.9	5:42	5:56	
23	Fri	8:02	8.7	8:37	8.1	1:45	1.4	2:24	0.6	5:40	5:57	
24	Sat	8:53	9.1	9:22	8.7	2:37	0.8	3:10	0.2	5:38	5:58	
25	Sun	9:41	9.5	10:05	9.4	3:27	0.2	3:54	-0.2	5:36	6:00	
26	Mon	10:28	9.8	10:49	10.1	4:15	-0.5	4:37	-0.5	5:35	6:01	
27	Tue	11:15	9.9	11:33	10.6	5:02	-1.0	5:21	-0.7	5:33	6:02	
28	Wed			12:03	10.0	5:51	-1.4	6:07	-0.7	5:31	6:03	
29	Thu	12:19	10.9	12:53	9.8	6:41	-1.6	6:55	-0.6	5:29	6:04	
30	Fri	1:08	10.9	1:46	9.5	7:33	-1.5	7:46	-0.3	5:28	6:05	
31	Sat	2:02	10.7	2:43	9.1	8:29	-1.2	8:42	0.1	5:26	6:06	