



























Rockport, MA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:08	7.2	8:21	8.5	1:51	1.3	1:55	2.0	5:34	8:03	
2	Thu	9:04	7.2	9:12	8.6	2:48	1.3	2:48	2.0	5:35	8:02	
3	Fri	9:55	7.3	10:00	8.8	3:39	1.1	3:38	1.9	5:36	8:00	
4	Sat	10:40	7.5	10:43	9.0	4:25	0.9	4:23	1.7	5:37	7:59	
5	Sun	11:19	7.7	11:23	9.2	5:07	0.6	5:06	1.4	5:38	7:58	
6	Mon	11:56	8.0			5:45	0.4	5:47	1.1	5:39	7:57	
7	Tue	12:01	9.4	12:32	8.4	6:22	0.1	6:27	0.8	5:40	7:55	
8	Wed	12:40	9.6	1:08	8.8	6:59	-0.1	7:10	0.4	5:41	7:54	
9	Thu	1:20	9.6	1:47	9.2	7:37	-0.2	7:54	0.1	5:42	7:53	
10	Fri	2:03	9.6	2:29	9.6	8:18	-0.2	8:42	-0.1	5:43	7:51	
11	Sat	2:50	9.4	3:15	9.8	9:02	-0.1	9:33	-0.2	5:44	7:50	
12	Sun	3:41	9.1	4:06	9.9	9:50	0.1	10:29	-0.1	5:45	7:49	
13	Mon	4:38	8.7	5:02	9.9	10:44	0.4	11:30	-0.1	5:46	7:47	
14	Tue	5:41	8.4	6:05	9.9	11:42	0.7			5:47	7:46	
15	Wed	6:49	8.2	7:11	9.9	12:36	0.0	12:46	0.8	5:48	7:44	
16	Thu	7:59	8.1	8:18	10.0	1:43	0.0	1:53	0.9	5:50	7:43	
17	Fri	9:05	8.3	9:23	10.1	2:49	-0.2	2:58	0.7	5:51	7:41	
18	Sat	10:06	8.6	10:22	10.3	3:50	-0.4	3:59	0.5	5:52	7:40	
19	Sun	11:01	8.9	11:16	10.3	4:45	-0.5	4:55	0.2	5:53	7:38	
20	Mon	11:50	9.2			5:35	-0.6	5:46	0.0	5:54	7:37	
21	Tue	12:05	10.2	12:35	9.4	6:20	-0.5	6:34	0.0	5:55	7:35	
22	Wed	12:51	10.0	1:17	9.4	7:02	-0.4	7:19	0.0	5:56	7:34	
23	Thu	1:34	9.6	1:57	9.4	7:42	-0.1	8:03	0.1	5:57	7:32	
24	Fri	2:16	9.2	2:36	9.2	8:22	0.3	8:47	0.3	5:58	7:30	
25	Sat	2:59	8.7	3:17	9.0	9:02	0.7	9:32	0.6	5:59	7:29	
26	Sun	3:43	8.2	4:00	8.8	9:44	1.1	10:19	0.9	6:00	7:27	
27	Mon	4:31	7.8	4:48	8.5	10:30	1.5	11:11	1.2	6:01	7:26	
28	Tue	5:25	7.4	5:41	8.3	11:20	1.9			6:02	7:24	
29	Wed	6:24	7.1	6:40	8.2	12:08	1.4	12:16	2.1	6:03	7:22	
30	Thu	7:25	7.0	7:39	8.2	1:08	1.5	1:14	2.2	6:05	7:21	
31	Fri	8:24	7.1	8:35	8.4	2:07	1.4	2:12	2.1	6:06	7:19	