

































## Rockport, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:42	9.4	7:17	8.2	12:15	0.3	1:02	0.2	7:12	4:19	
2	Mon	7:39	9.4	8:17	8.0	1:13	0.7	2:02	0.2	7:12	4:20	
3	Tue	8:31	9.3	9:12	7.8	2:07	1.0	2:56	0.1	7:12	4:21	
4	Wed	9:20	9.2	10:01	7.7	2:58	1.2	3:45	0.1	7:12	4:22	
5	Thu	10:04	9.1	10:44	7.6	3:44	1.3	4:29	0.2	7:12	4:23	
6	Fri	10:44	9.0	11:23	7.5	4:25	1.4	5:08	0.2	7:12	4:24	
7	Sat	11:21	9.0	11:59	7.5	5:04	1.4	5:45	0.3	7:12	4:25	
8	Sun	11:56	8.9			5:41	1.4	6:20	0.3	7:12	4:26	
9	Mon	12:33	7.5	12:31	8.8	6:18	1.4	6:56	0.4	7:11	4:27	
10	Tue	1:07	7.6	1:08	8.7	6:57	1.4	7:33	0.4	7:11	4:28	
11	Wed	1:43	7.7	1:47	8.6	7:38	1.3	8:11	0.5	7:11	4:29	
12	Thu	2:22	7.8	2:29	8.4	8:23	1.3	8:52	0.6	7:11	4:30	
13	Fri	3:04	8.0	3:16	8.1	9:11	1.3	9:35	0.8	7:10	4:31	
14	Sat	3:49	8.1	4:08	7.9	10:02	1.2	10:22	0.9	7:10	4:32	
15	Sun	4:38	8.3	5:04	7.6	10:58	1.0	11:13	1.1	7:09	4:33	
16	Mon	5:31	8.6	6:05	7.5	11:57	0.8			7:09	4:35	
17	Tue	6:26	8.9	7:07	7.6	12:07	1.1	12:57	0.4	7:08	4:36	
18	Wed	7:23	9.3	8:08	7.8	1:04	1.1	1:57	0.0	7:08	4:37	
19	Thu	8:21	9.8	9:07	8.1	2:01	0.8	2:54	-0.5	7:07	4:38	
20	Fri	9:17	10.2	10:02	8.5	2:58	0.5	3:49	-1.0	7:06	4:39	
21	Sat	10:13	10.7	10:55	8.9	3:53	0.1	4:42	-1.4	7:06	4:41	
22	Sun	11:07	10.9	11:47	9.3	4:48	-0.3	5:34	-1.7	7:05	4:42	
23	Mon			12:00	11.0	5:42	-0.6	6:24	-1.8	7:04	4:43	
24	Tue	12:38	9.6	12:53	10.8	6:37	-0.7	7:14	-1.6	7:03	4:45	
25	Wed	1:29	9.7	1:46	10.4	7:32	-0.8	8:05	-1.4	7:03	4:46	
26	Thu	2:21	9.8	2:42	9.9	8:28	-0.6	8:56	-0.9	7:02	4:47	
27	Fri	3:15	9.7	3:39	9.2	9:26	-0.4	9:48	-0.3	7:01	4:48	
28	Sat	4:11	9.5	4:40	8.6	10:26	-0.1	10:43	0.2	7:00	4:50	
29	Sun	5:08	9.3	5:44	8.0	11:28	0.2	11:40	0.8	6:59	4:51	
30	Mon	6:08	9.1	6:48	7.6			12:31	0.4	6:58	4:52	
31	Tue	7:07	8.9	7:51	7.4	12:40	1.2	1:33	0.5	6:57	4:54	