


































## Rockport, MA - Jan 2026

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu | 8:39  | 10.3 | 9:25  | 8.5  | 2:18  | 0.4  | 3:11  | -1.0 | 7:12  | 4:19 |    |
| 2    | Fri | 9:36  | 10.6 | 10:21 | 8.7  | 3:16  | 0.2  | 4:07  | -1.3 | 7:12  | 4:20 |    |
| 3    | Sat | 10:32 | 10.8 | 11:15 | 8.9  | 4:11  | 0.0  | 5:00  | -1.4 | 7:12  | 4:21 |    |
| 4    | Sun | 11:25 | 10.8 |       |      | 5:06  | -0.1 | 5:52  | -1.5 | 7:12  | 4:22 |    |
| 5    | Mon | 12:07 | 9.1  | 12:17 | 10.7 | 5:59  | -0.2 | 6:42  | -1.3 | 7:12  | 4:23 |    |
| 6    | Tue | 12:57 | 9.1  | 1:08  | 10.3 | 6:52  | -0.1 | 7:30  | -1.1 | 7:12  | 4:24 |    |
| 7    | Wed | 1:47  | 9.1  | 1:59  | 9.8  | 7:45  | 0.0  | 8:18  | -0.7 | 7:12  | 4:25 |    |
| 8    | Thu | 2:36  | 9.0  | 2:51  | 9.2  | 8:38  | 0.3  | 9:06  | -0.2 | 7:12  | 4:26 |    |
| 9    | Fri | 3:27  | 8.9  | 3:45  | 8.6  | 9:32  | 0.5  | 9:55  | 0.3  | 7:11  | 4:27 |    |
| 10   | Sat | 4:18  | 8.7  | 4:41  | 8.0  | 10:28 | 0.7  | 10:45 | 0.8  | 7:11  | 4:28 |    |
| 11   | Sun | 5:11  | 8.6  | 5:40  | 7.6  | 11:26 | 0.9  | 11:37 | 1.2  | 7:11  | 4:29 |    |
| 12   | Mon | 6:04  | 8.5  | 6:40  | 7.3  |       |      | 12:25 | 1.0  | 7:10  | 4:30 |   |
| 13   | Tue | 6:58  | 8.4  | 7:38  | 7.1  | 12:31 | 1.5  | 1:22  | 1.0  | 7:10  | 4:31 |  |
| 14   | Wed | 7:50  | 8.4  | 8:32  | 7.1  | 1:24  | 1.7  | 2:16  | 0.9  | 7:10  | 4:33 |  |
| 15   | Thu | 8:39  | 8.5  | 9:21  | 7.1  | 2:15  | 1.8  | 3:05  | 0.8  | 7:09  | 4:34 |  |
| 16   | Fri | 9:24  | 8.6  | 10:05 | 7.2  | 3:02  | 1.7  | 3:50  | 0.6  | 7:09  | 4:35 |  |
| 17   | Sat | 10:05 | 8.8  | 10:43 | 7.4  | 3:45  | 1.6  | 4:30  | 0.4  | 7:08  | 4:36 |  |
| 18   | Sun | 10:43 | 8.9  | 11:19 | 7.6  | 4:25  | 1.4  | 5:07  | 0.3  | 7:07  | 4:37 |  |
| 19   | Mon | 11:19 | 9.1  | 11:54 | 7.8  | 5:04  | 1.2  | 5:43  | 0.1  | 7:07  | 4:39 |  |
| 20   | Tue | 11:56 | 9.2  |       |      | 5:44  | 1.0  | 6:20  | -0.1 | 7:06  | 4:40 |  |
| 21   | Wed | 12:29 | 8.1  | 12:35 | 9.3  | 6:24  | 0.7  | 6:57  | -0.2 | 7:06  | 4:41 |  |
| 22   | Thu | 1:07  | 8.5  | 1:16  | 9.3  | 7:08  | 0.5  | 7:37  | -0.2 | 7:05  | 4:42 |  |
| 23   | Fri | 1:47  | 8.8  | 2:02  | 9.1  | 7:54  | 0.3  | 8:19  | -0.2 | 7:04  | 4:44 |  |
| 24   | Sat | 2:32  | 9.0  | 2:52  | 8.8  | 8:45  | 0.2  | 9:06  | 0.0  | 7:03  | 4:45 |  |
| 25   | Sun | 3:21  | 9.2  | 3:48  | 8.5  | 9:40  | 0.1  | 9:57  | 0.3  | 7:02  | 4:46 |  |
| 26   | Mon | 4:15  | 9.4  | 4:50  | 8.1  | 10:41 | 0.0  | 10:54 | 0.5  | 7:02  | 4:47 |  |
| 27   | Tue | 5:15  | 9.5  | 5:57  | 7.9  | 11:45 | 0.0  | 11:55 | 0.7  | 7:01  | 4:49 |  |
| 28   | Wed | 6:19  | 9.6  | 7:06  | 7.8  |       |      | 12:52 | -0.2 | 7:00  | 4:50 |  |
| 29   | Thu | 7:24  | 9.8  | 8:13  | 8.0  | 1:00  | 0.7  | 1:58  | -0.4 | 6:59  | 4:51 |  |
| 30   | Fri | 8:28  | 10.0 | 9:15  | 8.3  | 2:04  | 0.6  | 3:00  | -0.7 | 6:58  | 4:53 |  |
| 31   | Sat | 9:28  | 10.3 | 10:12 | 8.6  | 3:05  | 0.3  | 3:56  | -0.9 | 6:57  | 4:54 |  |