

Sesuit Harbor, East Dennis, MA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:43	11.0	4:11	11.4	9:56	-0.8	10:28	-0.7	5:34	7:58	
2	Mon	4:38	10.7	5:06	11.4	10:50	-0.6	11:25	-0.6	5:35	7:57	
3	Tue	5:36	10.3	6:04	11.3	11:46	-0.2			5:36	7:56	
4	Wed	6:38	9.9	7:05	11.2	12:26	-0.5	12:45	0.0	5:37	7:55	
5	Thu	7:41	9.8	8:07	11.2	1:28	-0.4	1:46	0.2	5:39	7:54	
6	Fri	8:44	9.8	9:07	11.2	2:29	-0.4	2:46	0.2	5:40	7:52	
7	Sat	9:44	9.9	10:04	11.3	3:29	-0.5	3:44	0.2	5:41	7:51	
8	Sun	10:39	10.0	10:57	11.2	4:24	-0.6	4:38	0.1	5:42	7:50	
9	Mon	11:29	10.1	11:45	11.2	5:14	-0.6	5:29	0.0	5:43	7:48	
10	Tue			12:15	10.2	6:01	-0.6	6:16	0.0	5:44	7:47	
11	Wed	12:30	11.0	12:57	10.3	6:44	-0.5	7:00	0.1	5:45	7:46	
12	Thu	1:13	10.7	1:38	10.2	7:25	-0.3	7:43	0.2	5:46	7:44	
13	Fri	1:55	10.4	2:18	10.2	8:06	0.0	8:26	0.3	5:47	7:43	
14	Sat	2:37	10.1	3:00	10.0	8:48	0.3	9:11	0.5	5:48	7:42	
15	Sun	3:21	9.7	3:44	9.9	9:31	0.6	9:58	0.7	5:49	7:40	
16	Mon	4:07	9.3	4:30	9.7	10:17	0.9	10:47	0.9	5:50	7:39	
17	Tue	4:56	8.9	5:20	9.5	11:05	1.3	11:38	1.1	5:51	7:37	
18	Wed	5:49	8.6	6:12	9.4	11:57	1.5			5:52	7:36	
19	Thu	6:44	8.4	7:07	9.4	12:33	1.2	12:50	1.7	5:53	7:34	
20	Fri	7:40	8.4	8:01	9.5	1:28	1.2	1:45	1.7	5:54	7:33	
21	Sat	8:34	8.6	8:54	9.8	2:23	1.0	2:38	1.5	5:55	7:31	
22	Sun	9:26	8.9	9:44	10.2	3:14	0.7	3:29	1.1	5:56	7:30	
23	Mon	10:14	9.4	10:32	10.6	4:03	0.3	4:18	0.6	5:57	7:28	
24	Tue	11:00	10.0	11:19	11.1	4:50	-0.2	5:06	0.1	5:58	7:27	
25	Wed	11:45	10.6			5:35	-0.7	5:53	-0.5	5:59	7:25	
26	Thu	12:05	11.4	12:31	11.1	6:20	-1.0	6:40	-1.0	6:00	7:23	
27	Fri	12:52	11.6	1:17	11.6	7:05	-1.3	7:29	-1.3	6:01	7:22	
28	Sat	1:40	11.7	2:04	11.9	7:52	-1.3	8:19	-1.5	6:02	7:20	
29	Sun	2:30	11.5	2:54	12.0	8:41	-1.2	9:11	-1.4	6:03	7:19	
30	Mon	3:23	11.2	3:47	11.9	9:33	-0.9	10:07	-1.2	6:04	7:17	
31	Tue	4:19	10.7	4:44	11.6	10:28	-0.5	11:05	-0.9	6:05	7:15	