

Sesuit Harbor, East Dennis, MA - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:11	9.3	9:30	10.5	2:55	0.3	3:08	0.8	5:09	8:19	
2	Sun	10:03	9.2	10:17	10.4	3:47	0.3	3:57	1.0	5:10	8:19	
3	Mon	10:50	9.1	11:01	10.3	4:35	0.3	4:43	1.1	5:10	8:18	
4	Tue	11:32	9.1	11:41	10.3	5:18	0.3	5:26	1.1	5:11	8:18	
5	Wed			12:12	9.1	5:59	0.3	6:08	1.1	5:11	8:18	
6	Thu	12:21	10.3	12:50	9.2	6:39	0.2	6:49	1.1	5:12	8:18	
7	Fri	1:00	10.3	1:29	9.3	7:18	0.2	7:30	1.1	5:13	8:17	
8	Sat	1:40	10.2	2:09	9.4	7:59	0.2	8:12	1.1	5:13	8:17	
9	Sun	2:22	10.1	2:51	9.5	8:40	0.2	8:57	1.0	5:14	8:17	
10	Mon	3:05	10.0	3:35	9.5	9:23	0.3	9:43	1.0	5:15	8:16	
11	Tue	3:51	9.8	4:21	9.6	10:08	0.4	10:32	1.0	5:15	8:16	
12	Wed	4:40	9.6	5:09	9.8	10:56	0.5	11:23	0.9	5:16	8:15	
13	Thu	5:31	9.4	6:00	9.9	11:45	0.7			5:17	8:15	
14	Fri	6:26	9.3	6:53	10.2	12:17	0.8	12:37	0.7	5:18	8:14	
15	Sat	7:23	9.3	7:48	10.6	1:13	0.5	1:32	0.6	5:18	8:14	
16	Sun	8:20	9.5	8:43	11.0	2:10	0.1	2:27	0.4	5:19	8:13	
17	Mon	9:16	9.8	9:38	11.5	3:06	-0.4	3:22	0.1	5:20	8:12	
18	Tue	10:12	10.2	10:32	12.0	4:01	-1.0	4:16	-0.3	5:21	8:12	
19	Wed	11:06	10.7	11:25	12.4	4:54	-1.5	5:10	-0.7	5:22	8:11	
20	Thu	11:59	11.1			5:47	-1.8	6:03	-1.1	5:23	8:10	
21	Fri	12:18	12.6	12:51	11.4	6:38	-2.1	6:56	-1.3	5:24	8:09	
22	Sat	1:10	12.6	1:42	11.6	7:29	-2.1	7:49	-1.3	5:24	8:09	
23	Sun	2:03	12.4	2:34	11.7	8:20	-1.9	8:43	-1.2	5:25	8:08	
24	Mon	2:56	12.0	3:27	11.5	9:11	-1.6	9:37	-0.9	5:26	8:07	
25	Tue	3:50	11.4	4:21	11.3	10:04	-1.1	10:33	-0.5	5:27	8:06	
26	Wed	4:46	10.7	5:16	10.9	10:57	-0.5	11:30	-0.1	5:28	8:05	
27	Thu	5:43	10.0	6:12	10.6	11:52	0.1			5:29	8:04	
28	Fri	6:42	9.5	7:09	10.3	12:28	0.3	12:47	0.6	5:30	8:03	
29	Sat	7:43	9.1	8:07	10.1	1:27	0.5	1:43	1.0	5:31	8:02	
30	Sun	8:41	8.9	9:00	10.0	2:24	0.7	2:38	1.2	5:32	8:01	
31	Mon	9:35	8.9	9:49	10.0	3:18	0.7	3:29	1.3	5:33	8:00	