

Sesuit Harbor, East Dennis, MA - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:38	9.5	5:09	9.3	10:55	0.7	11:20	1.4	5:09	8:19	
2	Mon	5:28	9.2	5:59	9.4	11:44	0.9			5:09	8:19	
3	Tue	6:21	9.0	6:50	9.5	12:12	1.3	12:34	1.1	5:10	8:18	
4	Wed	7:15	8.9	7:41	9.7	1:06	1.2	1:25	1.1	5:11	8:18	
5	Thu	8:09	9.0	8:32	10.1	1:59	0.9	2:16	1.1	5:11	8:18	
6	Fri	9:02	9.1	9:22	10.5	2:52	0.6	3:07	0.9	5:12	8:18	
7	Sat	9:53	9.4	10:10	11.0	3:43	0.1	3:56	0.6	5:12	8:17	
8	Sun	10:43	9.8	10:59	11.4	4:33	-0.4	4:46	0.3	5:13	8:17	
9	Mon	11:32	10.2	11:49	11.9	5:22	-0.9	5:35	-0.1	5:14	8:17	
10	Tue			12:22	10.6	6:11	-1.4	6:25	-0.5	5:14	8:16	
11	Wed	12:38	12.2	1:11	11.0	7:00	-1.7	7:16	-0.8	5:15	8:16	
12	Thu	1:29	12.3	2:02	11.3	7:49	-1.9	8:08	-0.9	5:16	8:15	
13	Fri	2:21	12.3	2:54	11.4	8:40	-1.8	9:03	-1.0	5:17	8:15	
14	Sat	3:15	12.0	3:48	11.5	9:33	-1.6	9:59	-0.9	5:17	8:14	
15	Sun	4:11	11.5	4:44	11.4	10:27	-1.3	10:57	-0.7	5:18	8:14	
16	Mon	5:09	11.0	5:42	11.3	11:23	-0.8	11:57	-0.5	5:19	8:13	
17	Tue	6:10	10.5	6:41	11.1			12:20	-0.4	5:20	8:12	
18	Wed	7:12	10.0	7:41	11.0	12:58	-0.3	1:19	0.0	5:21	8:12	
19	Thu	8:15	9.7	8:39	10.9	1:59	-0.1	2:17	0.4	5:22	8:11	
20	Fri	9:15	9.5	9:34	10.8	2:58	-0.1	3:12	0.6	5:22	8:10	
21	Sat	10:10	9.4	10:25	10.7	3:53	0.0	4:04	0.7	5:23	8:10	
22	Sun	10:59	9.4	11:11	10.6	4:43	0.0	4:53	0.8	5:24	8:09	
23	Mon	11:43	9.4	11:53	10.5	5:28	0.0	5:37	0.9	5:25	8:08	
24	Tue			12:23	9.4	6:10	0.1	6:20	0.9	5:26	8:07	
25	Wed	12:33	10.4	1:02	9.4	6:50	0.1	7:01	0.9	5:27	8:06	
26	Thu	1:13	10.3	1:40	9.4	7:29	0.1	7:42	0.9	5:28	8:05	
27	Fri	1:53	10.2	2:20	9.5	8:09	0.2	8:24	0.9	5:29	8:04	
28	Sat	2:34	10.0	3:01	9.5	8:50	0.3	9:09	0.9	5:30	8:03	
29	Sun	3:17	9.8	3:45	9.6	9:33	0.5	9:55	1.0	5:31	8:02	
30	Mon	4:03	9.5	4:31	9.6	10:18	0.7	10:44	1.1	5:32	8:01	
31	Tue	4:52	9.3	5:19	9.6	11:06	0.9	11:35	1.1	5:33	8:00	