

































Sesuit Harbor, East Dennis, MA - Mar 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:43	11.6	2:12	10.7	8:01	-1.4	8:20	-0.7	6:15	5:30	
2	Fri	2:34	11.5	3:06	10.2	8:55	-1.2	9:13	-0.3	6:13	5:31	
3	Sat	3:29	11.3	4:04	9.7	9:52	-0.9	10:10	0.1	6:12	5:32	
4	Sun	4:28	10.9	5:07	9.2	10:53	-0.5	11:11	0.5	6:10	5:34	
5	Mon	5:31	10.6	6:13	9.0	11:57	-0.1			6:08	5:35	
6	Tue	6:38	10.4	7:21	9.0	12:15	0.8	1:03	0.0	6:07	5:36	
7	Wed	7:44	10.4	8:25	9.2	1:21	0.8	2:06	0.0	6:05	5:37	
8	Thu	8:45	10.4	9:22	9.5	2:23	0.6	3:03	-0.1	6:04	5:38	
9	Fri	9:39	10.4	10:11	9.8	3:19	0.4	3:53	-0.2	6:02	5:39	
10	Sat	10:27	10.4	10:53	10.0	4:09	0.2	4:37	-0.2	6:00	5:41	
11	Sun	11:10	10.3	11:31	10.1	4:55	0.0	5:17	-0.1	5:59	5:42	
12	Mon	11:49	10.1			5:36	0.0	5:55	0.1	5:57	5:43	
13	Tue	12:07	10.1	12:28	9.9	6:16	-0.1	6:33	0.3	5:55	5:44	
14	Wed	12:44	10.1	1:06	9.6	6:56	0.0	7:11	0.5	5:54	5:45	
15	Thu	1:22	10.0	1:47	9.3	7:37	0.2	7:52	0.9	5:52	5:46	
16	Fri	2:02	9.8	2:30	8.9	8:20	0.4	8:35	1.2	5:50	5:47	
17	Sat	2:46	9.6	3:16	8.6	9:07	0.7	9:21	1.5	5:48	5:49	
18	Sun	3:34	9.3	4:07	8.2	9:57	1.0	10:12	1.8	5:47	5:50	
19	Mon	4:26	9.1	5:02	8.0	10:50	1.2	11:06	2.0	5:45	5:51	
20	Tue	5:21	9.0	6:00	7.9	11:47	1.3			5:43	5:52	
21	Wed	6:20	9.1	6:57	8.1	12:03	2.0	12:44	1.2	5:42	5:53	
22	Thu	7:17	9.3	7:52	8.6	1:00	1.8	1:39	0.9	5:40	5:54	
23	Fri	8:10	9.7	8:41	9.2	1:55	1.3	2:29	0.5	5:38	5:55	
24	Sat	9:01	10.2	9:28	9.9	2:47	0.7	3:17	0.0	5:36	5:56	
25	Sun	9:49	10.6	10:13	10.6	3:37	0.0	4:03	-0.4	5:35	5:57	
26	Mon	10:37	11.0	10:58	11.3	4:25	-0.7	4:47	-0.8	5:33	5:59	
27	Tue	11:25	11.2	11:44	11.8	5:13	-1.3	5:33	-1.0	5:31	6:00	
28	Wed			12:13	11.2	6:01	-1.8	6:19	-1.0	5:30	6:01	
29	Thu	12:31	12.1	1:02	11.1	6:50	-1.9	7:07	-0.9	5:28	6:02	
30	Fri	1:20	12.2	1:54	10.7	7:42	-1.8	7:58	-0.6	5:26	6:03	
31	Sat	2:13	11.9	2:49	10.3	8:36	-1.4	8:53	-0.1	5:25	6:04	