
































## Sesuit Harbor, East Dennis, MA - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:28	9.7	7:03	9.9	12:13	0.9	12:40	0.6	5:08	8:08	
2	Sat	7:28	9.3	7:58	9.9	1:13	1.0	1:34	0.9	5:07	8:09	
3	Sun	8:26	9.1	8:48	9.9	2:10	1.0	2:26	1.2	5:07	8:10	
4	Mon	9:20	8.9	9:34	9.9	3:04	0.9	3:14	1.4	5:06	8:10	
5	Tue	10:07	8.8	10:17	10.0	3:52	0.8	4:00	1.5	5:06	8:11	
6	Wed	10:51	8.7	10:58	10.0	4:37	0.7	4:43	1.6	5:06	8:12	
7	Thu	11:32	8.7	11:38	10.1	5:19	0.6	5:25	1.6	5:06	8:12	
8	Fri			12:11	8.8	5:59	0.5	6:06	1.6	5:05	8:13	
9	Sat	12:18	10.1	12:51	8.8	6:40	0.4	6:47	1.6	5:05	8:13	
10	Sun	12:58	10.2	1:31	8.9	7:20	0.3	7:28	1.5	5:05	8:14	
11	Mon	1:39	10.2	2:12	9.0	8:02	0.3	8:12	1.5	5:05	8:15	
12	Tue	2:21	10.2	2:56	9.1	8:45	0.3	8:57	1.4	5:05	8:15	
13	Wed	3:06	10.1	3:41	9.3	9:30	0.3	9:46	1.3	5:05	8:16	
14	Thu	3:54	10.0	4:29	9.5	10:16	0.3	10:38	1.2	5:05	8:16	
15	Fri	4:46	9.9	5:20	9.8	11:05	0.4	11:32	0.9	5:05	8:16	
16	Sat	5:40	9.7	6:12	10.1	11:56	0.4			5:05	8:17	
17	Sun	6:38	9.6	7:06	10.5	12:28	0.6	12:49	0.5	5:05	8:17	
18	Mon	7:37	9.6	8:02	11.0	1:26	0.2	1:44	0.5	5:05	8:18	
19	Tue	8:36	9.7	8:57	11.4	2:25	-0.2	2:40	0.4	5:05	8:18	
20	Wed	9:33	9.8	9:52	11.8	3:22	-0.7	3:35	0.2	5:05	8:18	
21	Thu	10:30	10.0	10:47	12.1	4:18	-1.1	4:30	0.0	5:05	8:18	
22	Fri	11:25	10.2	11:41	12.3	5:13	-1.4	5:24	-0.2	5:06	8:19	
23	Sat			12:19	10.4	6:06	-1.6	6:18	-0.3	5:06	8:19	
24	Sun	12:34	12.3	1:11	10.5	6:58	-1.6	7:11	-0.3	5:06	8:19	
25	Mon	1:26	12.1	2:02	10.5	7:48	-1.4	8:03	-0.2	5:07	8:19	
26	Tue	2:18	11.7	2:54	10.5	8:39	-1.1	8:57	0.0	5:07	8:19	
27	Wed	3:10	11.2	3:45	10.4	9:29	-0.7	9:51	0.3	5:07	8:19	
28	Thu	4:03	10.6	4:37	10.2	10:19	-0.2	10:45	0.6	5:08	8:19	
29	Fri	4:57	10.0	5:29	10.0	11:10	0.3	11:40	0.8	5:08	8:19	
30	Sat	5:52	9.4	6:21	9.8			12:01	0.8	5:09	8:19	