
































## Sesuit Harbor, East Dennis, MA - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:01	8.1	8:19	9.4	1:47	1.4	1:59	2.0	5:34	7:59	
2	Thu	8:56	8.1	9:11	9.5	2:42	1.3	2:52	2.0	5:35	7:58	
3	Fri	9:47	8.2	9:59	9.7	3:34	1.1	3:42	1.8	5:36	7:56	
4	Sat	10:33	8.5	10:45	10.0	4:22	0.9	4:29	1.6	5:37	7:55	
5	Sun	11:17	8.8	11:28	10.3	5:06	0.6	5:14	1.3	5:38	7:54	
6	Mon	11:58	9.2			5:48	0.2	5:58	0.9	5:39	7:53	
7	Tue	12:10	10.5	12:38	9.6	6:28	0.0	6:40	0.5	5:40	7:52	
8	Wed	12:52	10.7	1:18	10.0	7:08	-0.3	7:24	0.2	5:41	7:50	
9	Thu	1:34	10.8	2:00	10.4	7:49	-0.4	8:09	-0.1	5:42	7:49	
10	Fri	2:19	10.7	2:44	10.7	8:32	-0.4	8:57	-0.3	5:43	7:48	
11	Sat	3:06	10.5	3:31	10.9	9:18	-0.3	9:48	-0.3	5:44	7:46	
12	Sun	3:57	10.2	4:22	11.0	10:08	0.0	10:43	-0.3	5:45	7:45	
13	Mon	4:52	9.8	5:17	11.0	11:01	0.3	11:41	-0.2	5:46	7:44	
14	Tue	5:52	9.5	6:16	10.9	11:58	0.5			5:47	7:42	
15	Wed	6:54	9.2	7:19	10.9	12:42	-0.1	12:58	0.7	5:48	7:41	
16	Thu	7:59	9.2	8:22	11.0	1:46	-0.1	2:01	0.7	5:49	7:39	
17	Fri	9:03	9.4	9:23	11.1	2:48	-0.2	3:03	0.6	5:50	7:38	
18	Sat	10:02	9.7	10:21	11.3	3:48	-0.4	4:02	0.3	5:51	7:36	
19	Sun	10:57	10.0	11:15	11.4	4:42	-0.6	4:57	0.0	5:53	7:35	
20	Mon	11:47	10.3			5:33	-0.7	5:48	-0.2	5:54	7:33	
21	Tue	12:04	11.3	12:33	10.5	6:19	-0.7	6:36	-0.3	5:55	7:32	
22	Wed	12:50	11.1	1:15	10.6	7:02	-0.6	7:21	-0.2	5:56	7:30	
23	Thu	1:34	10.8	1:57	10.6	7:44	-0.3	8:06	-0.1	5:57	7:29	
24	Fri	2:18	10.3	2:39	10.4	8:26	0.1	8:51	0.1	5:58	7:27	
25	Sat	3:02	9.8	3:22	10.1	9:09	0.5	9:37	0.5	5:59	7:26	
26	Sun	3:47	9.3	4:07	9.8	9:54	1.0	10:25	0.8	6:00	7:24	
27	Mon	4:36	8.8	4:56	9.5	10:41	1.5	11:17	1.1	6:01	7:22	
28	Tue	5:28	8.4	5:48	9.3	11:32	1.8			6:02	7:21	
29	Wed	6:23	8.1	6:44	9.1	12:11	1.4	12:26	2.1	6:03	7:19	
30	Thu	7:22	8.0	7:42	9.2	1:08	1.5	1:23	2.2	6:04	7:18	
31	Fri	8:19	8.1	8:37	9.3	2:05	1.4	2:18	2.0	6:05	7:16	