





























## Sesuit Harbor, East Dennis, MA - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:43	8.4	8:58	9.8	2:24	0.9	2:34	1.7	5:35	7:58	
2	Sun	9:38	8.4	9:49	9.8	3:20	0.9	3:27	1.7	5:36	7:57	
3	Mon	10:26	8.5	10:35	9.9	4:10	0.9	4:15	1.6	5:37	7:56	
4	Tue	11:09	8.6	11:17	9.9	4:54	0.8	5:00	1.5	5:38	7:55	
5	Wed	11:47	8.8	11:57	10.0	5:35	0.6	5:42	1.3	5:39	7:54	
6	Thu			12:24	9.1	6:14	0.5	6:23	1.1	5:40	7:52	
7	Fri	12:35	10.1	1:01	9.3	6:51	0.4	7:03	0.9	5:41	7:51	
8	Sat	1:14	10.1	1:38	9.6	7:28	0.3	7:44	0.8	5:42	7:50	
9	Sun	1:53	10.0	2:16	9.8	8:07	0.3	8:25	0.6	5:43	7:48	
10	Mon	2:34	9.9	2:57	9.9	8:47	0.4	9:10	0.6	5:44	7:47	
11	Tue	3:17	9.7	3:40	10.0	9:29	0.6	9:57	0.5	5:45	7:46	
12	Wed	4:05	9.4	4:27	10.1	10:15	0.8	10:48	0.5	5:46	7:44	
13	Thu	4:56	9.1	5:19	10.1	11:05	1.0	11:43	0.5	5:47	7:43	
14	Fri	5:52	8.9	6:15	10.2	11:59	1.2			5:48	7:42	
15	Sat	6:53	8.8	7:15	10.4	12:42	0.5	12:57	1.2	5:49	7:40	
16	Sun	7:55	8.9	8:17	10.8	1:43	0.2	1:58	1.0	5:50	7:39	
17	Mon	8:56	9.3	9:16	11.2	2:44	-0.1	2:58	0.6	5:51	7:37	
18	Tue	9:54	9.8	10:14	11.6	3:41	-0.6	3:56	0.1	5:52	7:36	
19	Wed	10:49	10.4	11:09	11.9	4:36	-1.0	4:52	-0.5	5:53	7:34	
20	Thu	11:41	11.0			5:28	-1.3	5:46	-0.9	5:54	7:33	
21	Fri	12:02	12.1	12:31	11.4	6:18	-1.5	6:38	-1.2	5:55	7:31	
22	Sat	12:53	12.0	1:19	11.7	7:06	-1.5	7:29	-1.3	5:56	7:30	
23	Sun	1:42	11.7	2:07	11.7	7:53	-1.2	8:19	-1.2	5:57	7:28	
24	Mon	2:32	11.2	2:55	11.5	8:40	-0.8	9:10	-0.8	5:58	7:27	
25	Tue	3:22	10.6	3:45	11.1	9:29	-0.2	10:02	-0.4	5:59	7:25	
26	Wed	4:15	9.9	4:36	10.6	10:20	0.4	10:56	0.2	6:00	7:23	
27	Thu	5:09	9.2	5:31	10.1	11:13	1.0	11:52	0.7	6:01	7:22	
28	Fri	6:06	8.7	6:28	9.7			12:08	1.5	6:02	7:20	
29	Sat	7:07	8.3	7:28	9.5	12:51	1.1	1:05	1.8	6:03	7:19	
30	Sun	8:09	8.2	8:26	9.4	1:50	1.2	2:03	1.9	6:04	7:17	
31	Mon	9:05	8.3	9:19	9.5	2:47	1.2	2:58	1.8	6:05	7:15	