

































## Sesuit Harbor, East Dennis, MA - Jan 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:20	10.6	7:54	9.5	12:57	0.0	1:38	-0.2	7:07	4:20	
2	Wed	8:16	10.6	8:50	9.3	1:53	0.3	2:34	-0.2	7:07	4:21	
3	Thu	9:07	10.6	9:42	9.2	2:46	0.5	3:26	-0.2	7:07	4:22	
4	Fri	9:53	10.5	10:28	9.1	3:35	0.7	4:12	-0.2	7:07	4:23	
5	Sat	10:36	10.4	11:09	9.0	4:20	0.8	4:55	-0.2	7:07	4:24	
6	Sun	11:17	10.3	11:48	9.0	5:03	0.9	5:36	-0.1	7:07	4:25	
7	Mon	11:56	10.2			5:44	0.9	6:15	-0.1	7:07	4:26	
8	Tue	12:27	9.0	12:36	10.1	6:25	1.0	6:55	0.0	7:07	4:27	
9	Wed	1:06	9.0	1:17	9.9	7:06	1.0	7:36	0.1	7:07	4:28	
10	Thu	1:47	9.0	2:00	9.7	7:50	1.1	8:19	0.2	7:07	4:29	
11	Fri	2:31	9.0	2:45	9.5	8:36	1.1	9:04	0.4	7:06	4:30	
12	Sat	3:16	9.0	3:33	9.2	9:25	1.2	9:50	0.6	7:06	4:31	
13	Sun	4:04	9.1	4:23	8.9	10:15	1.2	10:39	0.8	7:06	4:32	
14	Mon	4:53	9.2	5:17	8.7	11:08	1.1	11:29	1.0	7:05	4:33	
15	Tue	5:45	9.3	6:13	8.7			12:03	0.9	7:05	4:34	
16	Wed	6:38	9.6	7:09	8.7	12:22	1.0	12:59	0.6	7:04	4:35	
17	Thu	7:31	10.1	8:04	9.0	1:15	0.9	1:53	0.1	7:04	4:37	
18	Fri	8:23	10.6	8:58	9.3	2:08	0.6	2:47	-0.5	7:03	4:38	
19	Sat	9:15	11.1	9:50	9.8	3:00	0.3	3:39	-1.1	7:03	4:39	
20	Sun	10:07	11.7	10:42	10.2	3:52	-0.2	4:31	-1.6	7:02	4:40	
21	Mon	10:58	12.1	11:33	10.7	4:44	-0.6	5:21	-2.0	7:01	4:41	
22	Tue	11:50	12.3			5:36	-1.0	6:11	-2.2	7:01	4:43	
23	Wed	12:23	11.0	12:42	12.3	6:28	-1.3	7:01	-2.2	7:00	4:44	
24	Thu	1:15	11.2	1:34	12.1	7:21	-1.3	7:53	-2.1	6:59	4:45	
25	Fri	2:07	11.3	2:28	11.6	8:16	-1.2	8:45	-1.7	6:59	4:46	
26	Sat	3:01	11.2	3:24	11.0	9:12	-1.0	9:39	-1.2	6:58	4:48	
27	Sun	3:56	11.0	4:23	10.3	10:10	-0.7	10:34	-0.6	6:57	4:49	
28	Mon	4:53	10.7	5:23	9.7	11:09	-0.3	11:30	0.0	6:56	4:50	
29	Tue	5:52	10.5	6:26	9.2			12:10	0.0	6:55	4:51	
30	Wed	6:52	10.2	7:29	8.9	12:29	0.5	1:11	0.2	6:54	4:53	
31	Thu	7:50	10.1	8:28	8.8	1:26	0.8	2:10	0.2	6:53	4:54	