


































Sesuit Harbor, East Dennis, MA - Mar 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 7:20 | 9.6 | 8:00 | 8.5 | 12:57 | 1.3 | 1:39 | 0.7 | 6:15 | 5:30 |  |
| 2 | Sat | 8:16 | 9.6 | 8:54 | 8.6 | 1:53 | 1.4 | 2:34 | 0.7 | 6:13 | 5:31 |  |
| 3 | Sun | 9:06 | 9.6 | 9:40 | 8.7 | 2:46 | 1.3 | 3:22 | 0.6 | 6:12 | 5:32 |  |
| 4 | Mon | 9:51 | 9.7 | 10:20 | 8.9 | 3:33 | 1.2 | 4:06 | 0.5 | 6:10 | 5:34 |  |
| 5 | Tue | 10:32 | 9.8 | 10:57 | 9.1 | 4:16 | 1.0 | 4:45 | 0.4 | 6:08 | 5:35 |  |
| 6 | Wed | 11:10 | 9.9 | 11:34 | 9.4 | 4:57 | 0.8 | 5:23 | 0.2 | 6:07 | 5:36 |  |
| 7 | Thu | 11:48 | 10.0 | | | 5:37 | 0.5 | 6:00 | 0.2 | 6:05 | 5:37 |  |
| 8 | Fri | 12:10 | 9.6 | 12:27 | 10.0 | 6:16 | 0.4 | 6:38 | 0.2 | 6:04 | 5:38 |  |
| 9 | Sat | 12:47 | 9.8 | 1:06 | 9.9 | 6:56 | 0.2 | 7:17 | 0.2 | 6:02 | 5:39 |  |
| 10 | Sun | 1:26 | 9.9 | 2:47 | 9.8 | 8:38 | 0.2 | 8:58 | 0.4 | 7:00 | 6:41 |  |
| 11 | Mon | 3:07 | 10.0 | 3:32 | 9.5 | 9:23 | 0.2 | 9:42 | 0.6 | 6:59 | 6:42 |  |
| 12 | Tue | 3:52 | 10.0 | 4:20 | 9.3 | 10:11 | 0.2 | 10:29 | 0.8 | 6:57 | 6:43 |  |
| 13 | Wed | 4:40 | 10.0 | 5:13 | 9.0 | 11:03 | 0.3 | 11:21 | 1.0 | 6:55 | 6:44 |  |
| 14 | Thu | 5:34 | 10.0 | 6:10 | 8.9 | 11:59 | 0.3 | | | 6:54 | 6:45 |  |
| 15 | Fri | 6:32 | 10.0 | 7:11 | 8.9 | 12:17 | 1.1 | 12:58 | 0.2 | 6:52 | 6:46 |  |
| 16 | Sat | 7:33 | 10.3 | 8:13 | 9.2 | 1:17 | 0.9 | 1:59 | -0.1 | 6:50 | 6:47 |  |
| 17 | Sun | 8:35 | 10.7 | 9:12 | 9.7 | 2:18 | 0.6 | 2:58 | -0.5 | 6:48 | 6:49 |  |
| 18 | Mon | 9:33 | 11.1 | 10:08 | 10.3 | 3:17 | 0.1 | 3:55 | -0.9 | 6:47 | 6:50 |  |
| 19 | Tue | 10:30 | 11.6 | 11:01 | 10.9 | 4:14 | -0.5 | 4:48 | -1.4 | 6:45 | 6:51 |  |
| 20 | Wed | 11:24 | 11.9 | 11:52 | 11.5 | 5:09 | -1.1 | 5:39 | -1.7 | 6:43 | 6:52 |  |
| 21 | Thu | | | 12:16 | 12.0 | 6:01 | -1.6 | 6:28 | -1.8 | 6:42 | 6:53 |  |
| 22 | Fri | 12:41 | 11.9 | 1:06 | 11.9 | 6:52 | -1.8 | 7:16 | -1.7 | 6:40 | 6:54 |  |
| 23 | Sat | 1:29 | 12.0 | 1:56 | 11.6 | 7:42 | -1.8 | 8:04 | -1.4 | 6:38 | 6:55 |  |
| 24 | Sun | 2:17 | 11.9 | 2:45 | 11.1 | 8:32 | -1.6 | 8:52 | -0.9 | 6:37 | 6:56 |  |
| 25 | Mon | 3:06 | 11.5 | 3:36 | 10.5 | 9:23 | -1.2 | 9:42 | -0.2 | 6:35 | 6:57 |  |
| 26 | Tue | 3:57 | 11.0 | 4:29 | 9.8 | 10:16 | -0.6 | 10:34 | 0.4 | 6:33 | 6:59 |  |
| 27 | Wed | 4:50 | 10.5 | 5:25 | 9.2 | 11:10 | 0.0 | 11:29 | 1.0 | 6:31 | 7:00 |  |
| 28 | Thu | 5:45 | 9.9 | 6:23 | 8.8 | | | 12:06 | 0.5 | 6:30 | 7:01 |  |
| 29 | Fri | 6:44 | 9.5 | 7:24 | 8.5 | 12:25 | 1.4 | 1:04 | 0.9 | 6:28 | 7:02 |  |
| 30 | Sat | 7:44 | 9.3 | 8:24 | 8.5 | 1:24 | 1.6 | 2:03 | 1.0 | 6:26 | 7:03 |  |
| 31 | Sun | 8:42 | 9.3 | 9:18 | 8.7 | 2:21 | 1.7 | 2:58 | 1.0 | 6:25 | 7:04 |  |