


































Sesuit Harbor, East Dennis, MA - Jul 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Mon | 10:53 | 9.5 | 11:07 | 11.2 | 4:43 | -0.2 | 4:55 | 0.6 | 5:09 | 8:19 |  |
| 2 | Tue | 11:41 | 9.8 | 11:55 | 11.6 | 5:31 | -0.7 | 5:42 | 0.3 | 5:10 | 8:19 |  |
| 3 | Wed | | | 12:30 | 10.2 | 6:19 | -1.1 | 6:31 | 0.0 | 5:10 | 8:18 |  |
| 4 | Thu | 12:44 | 11.9 | 1:18 | 10.5 | 7:07 | -1.4 | 7:20 | -0.2 | 5:11 | 8:18 |  |
| 5 | Fri | 1:33 | 12.0 | 2:08 | 10.7 | 7:56 | -1.5 | 8:12 | -0.4 | 5:11 | 8:18 |  |
| 6 | Sat | 2:25 | 12.0 | 3:00 | 10.9 | 8:47 | -1.5 | 9:07 | -0.4 | 5:12 | 8:18 |  |
| 7 | Sun | 3:19 | 11.8 | 3:55 | 11.0 | 9:40 | -1.4 | 10:03 | -0.4 | 5:13 | 8:17 |  |
| 8 | Mon | 4:16 | 11.4 | 4:51 | 11.0 | 10:34 | -1.1 | 11:02 | -0.4 | 5:13 | 8:17 |  |
| 9 | Tue | 5:14 | 11.0 | 5:48 | 11.1 | 11:30 | -0.8 | | | 5:14 | 8:17 |  |
| 10 | Wed | 6:15 | 10.5 | 6:47 | 11.1 | 12:02 | -0.3 | 12:27 | -0.4 | 5:15 | 8:16 |  |
| 11 | Thu | 7:18 | 10.1 | 7:47 | 11.0 | 1:04 | -0.2 | 1:25 | 0.0 | 5:15 | 8:16 |  |
| 12 | Fri | 8:20 | 9.8 | 8:44 | 11.0 | 2:05 | -0.2 | 2:22 | 0.3 | 5:16 | 8:15 |  |
| 13 | Sat | 9:20 | 9.6 | 9:39 | 11.0 | 3:04 | -0.2 | 3:18 | 0.5 | 5:17 | 8:15 |  |
| 14 | Sun | 10:15 | 9.5 | 10:30 | 10.9 | 3:59 | -0.2 | 4:10 | 0.7 | 5:18 | 8:14 |  |
| 15 | Mon | 11:06 | 9.4 | 11:17 | 10.8 | 4:50 | -0.2 | 4:59 | 0.8 | 5:19 | 8:14 |  |
| 16 | Tue | 11:52 | 9.3 | | | 5:37 | -0.1 | 5:45 | 0.9 | 5:19 | 8:13 |  |
| 17 | Wed | 12:01 | 10.7 | 12:33 | 9.3 | 6:20 | -0.1 | 6:28 | 1.0 | 5:20 | 8:12 |  |
| 18 | Thu | 12:42 | 10.5 | 1:13 | 9.3 | 7:00 | 0.0 | 7:10 | 1.0 | 5:21 | 8:12 |  |
| 19 | Fri | 1:22 | 10.4 | 1:52 | 9.3 | 7:41 | 0.1 | 7:52 | 1.1 | 5:22 | 8:11 |  |
| 20 | Sat | 2:03 | 10.2 | 2:33 | 9.3 | 8:21 | 0.2 | 8:35 | 1.1 | 5:23 | 8:10 |  |
| 21 | Sun | 2:45 | 10.0 | 3:15 | 9.3 | 9:03 | 0.4 | 9:20 | 1.2 | 5:24 | 8:09 |  |
| 22 | Mon | 3:30 | 9.8 | 3:59 | 9.3 | 9:47 | 0.6 | 10:08 | 1.2 | 5:25 | 8:09 |  |
| 23 | Tue | 4:16 | 9.5 | 4:46 | 9.3 | 10:33 | 0.8 | 10:57 | 1.3 | 5:26 | 8:08 |  |
| 24 | Wed | 5:05 | 9.2 | 5:34 | 9.4 | 11:20 | 1.0 | 11:49 | 1.3 | 5:26 | 8:07 |  |
| 25 | Thu | 5:57 | 8.9 | 6:24 | 9.5 | | | 12:09 | 1.2 | 5:27 | 8:06 |  |
| 26 | Fri | 6:51 | 8.8 | 7:16 | 9.6 | 12:42 | 1.2 | 1:00 | 1.3 | 5:28 | 8:05 |  |
| 27 | Sat | 7:47 | 8.7 | 8:09 | 9.9 | 1:37 | 1.0 | 1:53 | 1.3 | 5:29 | 8:04 |  |
| 28 | Sun | 8:41 | 8.9 | 9:01 | 10.3 | 2:31 | 0.6 | 2:45 | 1.2 | 5:30 | 8:03 |  |
| 29 | Mon | 9:35 | 9.2 | 9:52 | 10.8 | 3:24 | 0.2 | 3:37 | 0.8 | 5:31 | 8:02 |  |
| 30 | Tue | 10:26 | 9.6 | 10:43 | 11.4 | 4:16 | -0.3 | 4:28 | 0.4 | 5:32 | 8:01 |  |
| 31 | Wed | 11:17 | 10.0 | 11:34 | 11.8 | 5:06 | -0.9 | 5:19 | 0.0 | 5:33 | 8:00 |  |