

































## Sesuit Harbor, East Dennis, MA - Jan 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:39	10.4	7:12	9.1	12:15	0.3	12:57	0.2	7:07	4:20	
2	Mon	7:35	10.3	8:12	8.9	1:11	0.7	1:55	0.2	7:07	4:21	
3	Tue	8:28	10.2	9:06	8.7	2:05	0.9	2:49	0.2	7:07	4:22	
4	Wed	9:16	10.1	9:54	8.6	2:56	1.1	3:38	0.2	7:07	4:23	
5	Thu	10:00	10.1	10:37	8.6	3:42	1.3	4:22	0.2	7:07	4:24	
6	Fri	10:42	10.0	11:16	8.5	4:26	1.3	5:03	0.2	7:07	4:25	
7	Sat	11:22	10.0	11:54	8.6	5:08	1.3	5:43	0.2	7:07	4:26	
8	Sun			12:01	9.9	5:48	1.3	6:22	0.2	7:07	4:27	
9	Mon	12:32	8.6	12:40	9.9	6:29	1.2	7:01	0.2	7:07	4:28	
10	Tue	1:11	8.7	1:21	9.8	7:11	1.2	7:42	0.3	7:07	4:29	
11	Wed	1:52	8.8	2:04	9.6	7:55	1.2	8:24	0.4	7:06	4:30	
12	Thu	2:35	8.9	2:49	9.4	8:41	1.2	9:07	0.5	7:06	4:31	
13	Fri	3:19	9.0	3:37	9.1	9:29	1.2	9:53	0.7	7:06	4:32	
14	Sat	4:06	9.1	4:28	8.8	10:20	1.1	10:41	0.9	7:05	4:33	
15	Sun	4:56	9.3	5:23	8.6	11:14	0.9	11:32	1.1	7:05	4:34	
16	Mon	5:48	9.5	6:20	8.5			12:10	0.7	7:04	4:35	
17	Tue	6:43	9.9	7:19	8.6	12:26	1.1	1:08	0.3	7:04	4:37	
18	Wed	7:38	10.3	8:16	8.9	1:21	1.0	2:05	-0.1	7:03	4:38	
19	Thu	8:33	10.8	9:12	9.2	2:17	0.7	3:00	-0.7	7:03	4:39	
20	Fri	9:27	11.3	10:06	9.7	3:11	0.3	3:54	-1.2	7:02	4:40	
21	Sat	10:22	11.8	10:59	10.1	4:05	-0.1	4:47	-1.6	7:01	4:41	
22	Sun	11:15	12.1	11:50	10.5	4:59	-0.6	5:38	-1.9	7:01	4:43	
23	Mon			12:07	12.2	5:52	-0.9	6:28	-2.0	7:00	4:44	
24	Tue	12:41	10.9	12:59	12.1	6:45	-1.1	7:18	-1.9	6:59	4:45	
25	Wed	1:32	11.0	1:52	11.6	7:38	-1.1	8:09	-1.6	6:59	4:46	
26	Thu	2:24	11.1	2:46	11.0	8:33	-0.9	9:00	-1.1	6:58	4:48	
27	Fri	3:16	10.9	3:41	10.3	9:29	-0.6	9:52	-0.5	6:57	4:49	
28	Sat	4:10	10.7	4:39	9.6	10:26	-0.2	10:46	0.1	6:56	4:50	
29	Sun	5:06	10.3	5:39	9.0	11:25	0.1	11:41	0.7	6:55	4:51	
30	Mon	6:04	10.0	6:41	8.5			12:25	0.4	6:54	4:53	
31	Tue	7:03	9.8	7:44	8.3	12:39	1.2	1:25	0.6	6:53	4:54	