

































Sesuit Harbor, East Dennis, MA - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:27	9.3	7:10	8.0	12:05	1.6	12:50	1.0	6:15	5:30	
2	Thu	7:27	9.2	8:10	8.0	1:03	1.8	1:49	1.1	6:13	5:31	
3	Fri	8:23	9.2	9:01	8.2	2:00	1.8	2:43	1.0	6:12	5:32	
4	Sat	9:12	9.4	9:46	8.4	2:52	1.7	3:30	0.9	6:10	5:34	
5	Sun	9:56	9.6	10:25	8.7	3:38	1.4	4:12	0.7	6:08	5:35	
6	Mon	10:36	9.7	11:01	9.0	4:21	1.1	4:50	0.5	6:07	5:36	
7	Tue	11:14	9.9	11:37	9.4	5:02	0.8	5:27	0.3	6:05	5:37	
8	Wed	11:52	9.9			5:41	0.5	6:04	0.2	6:04	5:38	
9	Thu	12:13	9.7	12:31	9.9	6:21	0.3	6:41	0.2	6:02	5:39	
10	Fri	12:50	9.9	1:10	9.8	7:01	0.1	7:20	0.3	6:00	5:41	
11	Sat	1:29	10.1	1:53	9.7	7:44	0.0	8:01	0.5	5:59	5:42	
12	Sun	3:10	10.2	3:39	9.4	9:30	0.0	9:46	0.7	6:57	6:43	
13	Mon	3:56	10.2	4:30	9.1	10:20	0.1	10:36	1.0	6:55	6:44	
14	Tue	4:48	10.1	5:26	8.8	11:15	0.2	11:31	1.2	6:53	6:45	
15	Wed	5:46	10.1	6:27	8.7			12:14	0.2	6:52	6:46	
16	Thu	6:48	10.1	7:31	8.7	12:31	1.2	1:17	0.2	6:50	6:47	
17	Fri	7:53	10.4	8:34	9.1	1:34	1.1	2:20	-0.1	6:48	6:49	
18	Sat	8:56	10.7	9:34	9.6	2:37	0.7	3:20	-0.4	6:47	6:50	
19	Sun	9:55	11.1	10:30	10.3	3:38	0.1	4:16	-0.8	6:45	6:51	
20	Mon	10:51	11.4	11:21	10.9	4:35	-0.5	5:08	-1.2	6:43	6:52	
21	Tue	11:44	11.6			5:28	-1.0	5:56	-1.3	6:42	6:53	
22	Wed	12:10	11.4	12:34	11.5	6:19	-1.4	6:43	-1.3	6:40	6:54	
23	Thu	12:56	11.6	1:22	11.3	7:08	-1.5	7:29	-1.0	6:38	6:55	
24	Fri	1:42	11.6	2:09	10.9	7:56	-1.4	8:14	-0.6	6:36	6:56	
25	Sat	2:27	11.4	2:56	10.3	8:44	-1.0	9:00	0.0	6:35	6:57	
26	Sun	3:14	11.0	3:46	9.7	9:33	-0.5	9:49	0.6	6:33	6:59	
27	Mon	4:03	10.4	4:37	9.1	10:24	0.0	10:39	1.2	6:31	7:00	
28	Tue	4:54	9.9	5:32	8.5	11:17	0.6	11:33	1.7	6:30	7:01	
29	Wed	5:50	9.4	6:30	8.2			12:13	1.1	6:28	7:02	
30	Thu	6:49	9.1	7:31	8.0	12:30	2.0	1:12	1.3	6:26	7:03	
31	Fri	7:50	9.0	8:31	8.1	1:29	2.1	2:11	1.4	6:25	7:04	