

































Sesuit Harbor, East Dennis, MA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:47	11.5	9:26	9.7	2:29	0.2	3:13	-1.1	7:07	4:20	
2	Fri	9:42	11.8	10:21	9.9	3:25	0.0	4:09	-1.5	7:07	4:21	
3	Sat	10:37	12.0	11:15	10.1	4:20	-0.2	5:02	-1.6	7:07	4:22	
4	Sun	11:30	12.0			5:13	-0.4	5:53	-1.7	7:07	4:23	
5	Mon	12:06	10.3	12:21	11.8	6:05	-0.5	6:42	-1.6	7:07	4:24	
6	Tue	12:56	10.4	1:12	11.5	6:57	-0.4	7:31	-1.3	7:07	4:25	
7	Wed	1:46	10.3	2:02	10.9	7:49	-0.2	8:20	-0.8	7:07	4:26	
8	Thu	2:35	10.2	2:54	10.3	8:41	0.0	9:08	-0.3	7:07	4:27	
9	Fri	3:25	10.0	3:46	9.6	9:35	0.3	9:57	0.2	7:07	4:28	
10	Sat	4:16	9.8	4:40	9.0	10:28	0.6	10:48	0.7	7:06	4:29	
11	Sun	5:07	9.6	5:36	8.5	11:23	0.9	11:39	1.2	7:06	4:30	
12	Mon	6:01	9.4	6:33	8.2			12:20	1.0	7:06	4:31	
13	Tue	6:54	9.3	7:30	8.0	12:32	1.5	1:15	1.1	7:06	4:32	
14	Wed	7:46	9.3	8:24	8.0	1:25	1.7	2:09	1.0	7:05	4:33	
15	Thu	8:36	9.4	9:12	8.1	2:16	1.7	2:59	0.8	7:05	4:35	
16	Fri	9:22	9.6	9:57	8.2	3:04	1.7	3:45	0.6	7:04	4:36	
17	Sat	10:06	9.8	10:39	8.4	3:50	1.5	4:28	0.4	7:04	4:37	
18	Sun	10:47	10.0	11:19	8.7	4:34	1.3	5:09	0.1	7:03	4:38	
19	Mon	11:28	10.2	11:59	9.0	5:16	1.0	5:49	-0.1	7:03	4:39	
20	Tue			12:09	10.3	5:58	0.8	6:29	-0.3	7:02	4:40	
21	Wed	12:38	9.3	12:50	10.4	6:40	0.5	7:09	-0.4	7:01	4:42	
22	Thu	1:19	9.6	1:34	10.3	7:25	0.3	7:51	-0.4	7:01	4:43	
23	Fri	2:02	9.9	2:20	10.2	8:12	0.1	8:36	-0.3	7:00	4:44	
24	Sat	2:48	10.2	3:10	9.9	9:02	0.0	9:24	-0.1	6:59	4:45	
25	Sun	3:37	10.3	4:05	9.5	9:56	-0.1	10:15	0.2	6:58	4:47	
26	Mon	4:31	10.4	5:03	9.2	10:53	-0.1	11:11	0.4	6:57	4:48	
27	Tue	5:28	10.5	6:05	9.0	11:54	-0.1			6:57	4:49	
28	Wed	6:29	10.6	7:10	8.9	12:10	0.6	12:57	-0.3	6:56	4:50	
29	Thu	7:31	10.8	8:12	9.1	1:11	0.6	1:59	-0.5	6:55	4:52	
30	Fri	8:32	11.1	9:12	9.4	2:12	0.4	2:59	-0.8	6:54	4:53	
31	Sat	9:30	11.3	10:09	9.7	3:11	0.2	3:55	-1.1	6:53	4:54	