US HARBORS www.USHarbors.com

Sesuit Harbor, East Dennis, MA - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**9:19**	10.9	**9:55**	9.8	**2:59**	0.3	**3:39**	-0.6	6:14	5:30	
2	Mon	**10:13**	11.0	**10:44**	10.2	**3:55**	-0.1	**4:29**	-0.7	6:13	5:32	
3	Tue	**11:02**	10.9	**11:28**	10.4	**4:45**	-0.3	**5:14**	-0.7	6:11	5:33	
4	Wed	**11:46**	10.8			**5:32**	-0.5	**5:56**	-0.6	6:10	5:34	
5	Thu	**12:09**	10.5	**12:29**	10.5	**6:16**	-0.5	**6:36**	-0.3	6:08	5:35	
6	Fri	**12:49**	10.5	**1:10**	10.1	**6:59**	-0.4	**7:16**	0.0	6:06	5:36	
7	Sat	**1:28**	10.3	**1:53**	9.7	**7:42**	-0.1	**7:58**	0.5	6:05	5:37	
8	Sun	**3:10**	10.1	**3:37**	9.2	**9:26**	0.2	**9:42**	0.9	7:03	6:39	
9	Mon	**3:54**	9.8	**4:24**	8.7	**10:13**	0.5	**10:28**	1.4	7:01	6:40	
10	Tue	**4:42**	9.4	**5:14**	8.2	**11:03**	0.9	**11:18**	1.8	7:00	6:41	
11	Wed	**5:33**	9.1	**6:09**	7.9	**11:57**	1.3			6:58	6:42	
12	Thu	**6:29**	8.9	**7:08**	7.7	**12:12**	2.0	**12:54**	1.4	6:56	6:43	
13	Fri	**7:28**	8.9	**8:07**	7.8	**1:10**	2.1	**1:52**	1.4	6:55	6:44	
14	Sat	**8:25**	9.0	**9:01**	8.1	**2:07**	2.0	**2:48**	1.2	6:53	6:45	
15	Sun	**9:18**	9.3	**9:50**	8.6	**3:01**	1.7	**3:38**	0.9	6:51	6:47	
16	Mon	**10:06**	9.7	**10:35**	9.1	**3:52**	1.3	**4:24**	0.5	6:50	6:48	
17	Tue	**10:52**	10.1	**11:17**	9.7	**4:39**	0.7	**5:07**	0.1	6:48	6:49	
18	Wed	**11:36**	10.4	**11:58**	10.4	**5:24**	0.1	**5:48**	-0.2	6:46	6:50	
19	Thu			**12:20**	10.7	**6:09**	-0.5	**6:30**	-0.5	6:45	6:51	
20	Fri	**12:40**	10.9	**1:04**	10.8	**6:53**	-1.0	**7:12**	-0.6	6:43	6:52	
21	Sat	**1:23**	11.3	**1:50**	10.8	**7:39**	-1.3	**7:57**	-0.6	6:41	6:53	
22	Sun	**2:08**	11.6	**2:39**	10.5	**8:28**	-1.4	**8:44**	-0.4	6:39	6:54	
23	Mon	**2:57**	11.6	**3:31**	10.2	**9:19**	-1.2	**9:36**	-0.1	6:38	6:56	
24	Tue	**3:50**	11.4	**4:27**	9.8	**10:15**	-0.9	**10:32**	0.3	6:36	6:57	
25	Wed	**4:48**	11.0	**5:28**	9.4	**11:14**	-0.5	**11:32**	0.6	6:34	6:58	
26	Thu	**5:50**	10.7	**6:33**	9.1			**12:17**	-0.2	6:33	6:59	
27	Fri	**6:56**	10.4	**7:40**	9.2	**12:36**	0.8	**1:22**	0.0	6:31	7:00	
28	Sat	**8:04**	10.4	**8:46**	9.4	**1:43**	0.8	**2:26**	0.0	6:29	7:01	
29	Sun	**9:08**	10.4	**9:45**	9.8	**2:47**	0.6	**3:25**	0.0	6:27	7:02	
30	Mon	**10:06**	10.4	**10:36**	10.1	**3:47**	0.3	**4:18**	-0.1	6:26	7:03	
31	Tue	**10:58**	10.4	**11:21**	10.4	**4:40**	0.0	**5:05**	-0.1	6:24	7:04	