US HARBORS www.USHarbors.com

Sesuit Harbor, East Dennis, MA - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:38	10.1	1:10	8.8	6:59	0.5	7:06	1.5	5:09	8:19	
2	Thu	1:18	10.1	1:50	8.9	7:39	0.4	7:48	1.4	5:10	8:19	
3	Fri	1:59	10.1	2:31	9.1	8:20	0.3	8:32	1.3	5:10	8:18	
4	Sat	2:41	10.1	3:13	9.3	9:02	0.3	9:18	1.2	5:11	8:18	
5	Sun	3:26	9.9	3:58	9.5	9:46	0.4	10:07	1.1	5:12	8:18	
6	Mon	4:14	9.7	4:45	9.7	10:31	0.5	10:58	0.9	5:12	8:18	
7	Tue	5:05	9.5	5:34	10.0	11:20	0.6	11:52	0.7	5:13	8:17	
8	Wed	6:00	9.3	6:27	10.3			12:11	0.8	5:14	8:17	
9	Thu	6:58	9.2	7:22	10.6	12:48	0.5	1:05	0.8	5:14	8:17	
10	Fri	7:57	9.2	8:19	11.0	1:47	0.1	2:01	0.8	5:15	8:16	
11	Sat	8:57	9.3	9:16	11.4	2:46	-0.3	2:58	0.6	5:16	8:16	
12	Sun	9:55	9.6	10:12	11.7	3:43	-0.7	3:55	0.4	5:16	8:15	
13	Mon	10:51	9.9	11:08	12.0	4:39	-1.0	4:51	0.1	5:17	8:15	
14	Tue	11:46	10.2			5:34	-1.3	5:46	-0.2	5:18	8:14	
15	Wed	12:03	12.2	12:39	10.5	6:26	-1.5	6:39	-0.4	5:19	8:13	
16	Thu	12:56	12.2	1:30	10.7	7:17	-1.5	7:32	-0.5	5:20	8:13	
17	Fri	1:47	12.0	2:21	10.8	8:07	-1.4	8:25	-0.4	5:21	8:12	
18	Sat	2:39	11.5	3:11	10.8	8:56	-1.0	9:18	-0.2	5:21	8:11	
19	Sun	3:31	10.9	4:02	10.7	9:45	-0.5	10:12	0.1	5:22	8:11	
20	Mon	4:24	10.3	4:53	10.4	10:35	0.0	11:07	0.4	5:23	8:10	
21	Tue	5:18	9.6	5:45	10.1	11:26	0.6			5:24	8:09	
22	Wed	6:14	9.0	6:39	9.9	12:02	0.7	12:18	1.1	5:25	8:08	
23	Thu	7:13	8.6	7:34	9.7	12:58	1.0	1:12	1.6	5:26	8:07	
24	Fri	8:11	8.3	8:28	9.6	1:55	1.1	2:06	1.8	5:27	8:07	
25	Sat	9:07	8.2	9:20	9.6	2:51	1.1	2:59	1.9	5:28	8:06	
26	Sun	9:58	8.2	10:07	9.7	3:42	1.1	3:48	1.9	5:29	8:05	
27	Mon	10:44	8.4	10:52	9.8	4:30	0.9	4:35	1.8	5:30	8:04	
28	Tue	11:26	8.5	11:34	10.0	5:13	0.8	5:19	1.6	5:31	8:03	
29	Wed			12:05	8.8	5:54	0.6	6:01	1.4	5:32	8:02	
30	Thu	12:14	10.2	12:44	9.1	6:34	0.4	6:42	1.1	5:33	8:01	
31	Fri	12:54	10.3	1:22	9.4	7:12	0.2	7:24	0.9	5:34	8:00	