US HARBORS www.USHarbors.com

Sesuit Harbor, East Dennis, MA - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:11	11.4	8:48	9.8	1:52	0.0	2:35	-1.1	7:07	4:20	
2	Wed	9:07	11.7	9:44	10.0	2:49	-0.2	3:31	-1.4	7:07	4:21	
3	Thu	10:02	11.9	10:38	10.3	3:44	-0.4	4:25	-1.6	7:07	4:22	
4	Fri	10:55	11.9	11:29	10.4	4:38	-0.6	5:16	-1.7	7:07	4:23	
5	Sat	11:45	11.8			5:30	-0.6	6:05	-1.6	7:07	4:24	
6	Sun	12:18	10.5	12:34	11.6	6:20	-0.6	6:52	-1.4	7:07	4:25	
7	Mon	1:06	10.5	1:22	11.1	7:09	-0.4	7:38	-1.0	7:07	4:26	
8	Tue	1:53	10.4	2:10	10.6	7:59	-0.2	8:25	-0.6	7:07	4:27	
9	Wed	2:40	10.2	3:00	10.0	8:49	0.2	9:12	-0.1	7:07	4:28	
10	Thu	3:29	9.9	3:50	9.4	9:40	0.5	10:01	0.4	7:06	4:29	
11	Fri	4:18	9.7	4:43	8.8	10:32	0.8	10:51	0.9	7:06	4:30	
12	Sat	5:10	9.5	5:38	8.4	11:26	1.0	11:43	1.2	7:06	4:31	
13	Sun	6:03	9.3	6:34	8.2			12:22	1.1	7:05	4:32	
14	Mon	6:56	9.3	7:30	8.1	12:36	1.5	1:17	1.0	7:05	4:33	
15	Tue	7:48	9.4	8:22	8.2	1:29	1.6	2:09	0.9	7:05	4:35	
16	Wed	8:37	9.6	9:10	8.3	2:19	1.5	2:59	0.6	7:04	4:36	
17	Thu	9:23	9.8	9:55	8.6	3:07	1.3	3:45	0.4	7:04	4:37	
18	Fri	10:07	10.1	10:38	8.9	3:53	1.1	4:28	0.0	7:03	4:38	
19	Sat	10:50	10.3	11:20	9.3	4:37	0.8	5:10	-0.3	7:03	4:39	
20	Sun	11:32	10.6			5:20	0.5	5:51	-0.6	7:02	4:40	
21	Mon	12:01	9.7	12:14	10.7	6:04	0.1	6:32	-0.8	7:01	4:42	
22	Tue	12:42	10.0	12:58	10.8	6:48	-0.2	7:15	-0.9	7:01	4:43	
23	Wed	1:26	10.4	1:44	10.7	7:35	-0.4	8:00	-0.8	7:00	4:44	
24	Thu	2:12	10.6	2:34	10.5	8:25	-0.5	8:48	-0.7	6:59	4:45	
25	Fri	3:01	10.8	3:27	10.1	9:18	-0.5	9:39	-0.4	6:58	4:47	
26	Sat	3:54	10.8	4:24	9.8	10:14	-0.5	10:34	-0.2	6:57	4:48	
27	Sun	4:51	10.8	5:24	9.5	11:13	-0.4	11:32	0.1	6:57	4:49	
28	Mon	5:51	10.8	6:28	9.3			12:15	-0.4	6:56	4:50	
29	Tue	6:53	10.9	7:32	9.3	12:33	0.2	1:18	-0.5	6:55	4:52	
30	Wed	7:55	11.0	8:33	9.5	1:34	0.2	2:19	-0.7	6:54	4:53	
31	Thu	8:54	11.2	9:31	9.8	2:34	0.0	3:16	-0.9	6:53	4:54	