

































## Sesuit Harbor, East Dennis, MA - Mar 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:41	10.7	9:17	9.8	2:21	0.2	3:00	-0.5	6:14	5:30	
2	Sat	9:37	10.8	10:08	10.1	3:17	0.0	3:51	-0.6	6:13	5:32	
3	Sun	10:26	10.8	10:53	10.3	4:09	-0.2	4:38	-0.6	6:11	5:33	
4	Mon	11:11	10.6	11:34	10.4	4:56	-0.3	5:20	-0.5	6:10	5:34	
5	Tue	11:53	10.5			5:40	-0.4	6:01	-0.3	6:08	5:35	
6	Wed	12:13	10.4	12:33	10.2	6:22	-0.3	6:40	-0.1	6:06	5:36	
7	Thu	12:52	10.3	1:14	9.9	7:03	-0.2	7:20	0.2	6:05	5:37	
8	Fri	1:31	10.2	1:55	9.5	7:45	0.0	8:02	0.6	6:03	5:39	
9	Sat	2:13	10.0	2:40	9.1	8:30	0.3	8:46	0.9	6:01	5:40	
10	Sun	3:58	9.7	4:27	8.7	10:17	0.6	10:34	1.3	7:00	6:41	
11	Mon	4:47	9.4	5:18	8.4	11:07	0.9	11:24	1.6	6:58	6:42	
12	Tue	5:39	9.2	6:13	8.1			12:01	1.1	6:56	6:43	
13	Wed	6:34	9.1	7:10	8.1	12:18	1.8	12:57	1.2	6:55	6:44	
14	Thu	7:31	9.1	8:06	8.3	1:14	1.8	1:53	1.1	6:53	6:45	
15	Fri	8:26	9.3	8:59	8.6	2:10	1.6	2:46	0.9	6:51	6:47	
16	Sat	9:19	9.7	9:48	9.2	3:04	1.2	3:36	0.5	6:50	6:48	
17	Sun	10:08	10.1	10:34	9.8	3:54	0.7	4:23	0.1	6:48	6:49	
18	Mon	10:55	10.5	11:19	10.5	4:43	0.0	5:08	-0.4	6:46	6:50	
19	Tue	11:42	10.9			5:30	-0.6	5:53	-0.7	6:44	6:51	
20	Wed	12:03	11.1	12:28	11.1	6:17	-1.2	6:37	-1.0	6:43	6:52	
21	Thu	12:48	11.6	1:15	11.2	7:04	-1.6	7:23	-1.1	6:41	6:53	
22	Fri	1:35	12.0	2:04	11.2	7:53	-1.8	8:11	-1.0	6:39	6:54	
23	Sat	2:24	12.1	2:55	10.9	8:44	-1.8	9:02	-0.8	6:38	6:56	
24	Sun	3:16	11.9	3:50	10.5	9:38	-1.5	9:56	-0.4	6:36	6:57	
25	Mon	4:12	11.6	4:48	10.1	10:35	-1.1	10:54	-0.1	6:34	6:58	
26	Tue	5:11	11.2	5:50	9.7	11:35	-0.7	11:56	0.3	6:33	6:59	
27	Wed	6:14	10.8	6:55	9.6			12:37	-0.3	6:31	7:00	
28	Thu	7:20	10.5	8:01	9.6	1:00	0.5	1:41	-0.1	6:29	7:01	
29	Fri	8:25	10.3	9:03	9.8	2:04	0.5	2:42	0.0	6:27	7:02	
30	Sat	9:26	10.3	9:58	10.0	3:06	0.4	3:38	0.0	6:26	7:03	
31	Sun	10:20	10.3	10:46	10.2	4:01	0.2	4:27	0.0	6:24	7:04	