

















## Sesuit Harbor, East Dennis, MA - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:05	10.3	5:33	9.3	11:20	0.2	11:39	0.4	7:07	4:20	
2	Thu	6:02	10.1	6:33	8.9			12:18	0.5	7:07	4:21	
3	Fri	6:58	9.9	7:32	8.6	12:34	0.8	1:16	0.6	7:07	4:22	
4	Sat	7:52	9.8	8:26	8.5	1:28	1.1	2:10	0.6	7:07	4:23	
5	Sun	8:41	9.8	9:15	8.5	2:20	1.2	3:00	0.5	7:07	4:24	
6	Mon	9:26	9.9	9:58	8.6	3:07	1.2	3:45	0.4	7:07	4:25	
7	Tue	10:08	9.9	10:39	8.7	3:52	1.2	4:27	0.3	7:07	4:26	
8	Wed	10:48	10.0	11:18	8.9	4:34	1.1	5:07	0.1	7:07	4:27	
9	Thu	11:28	10.1	11:56	9.1	5:15	0.9	5:46	0.0	7:07	4:28	
10	Fri			12:07	10.2	5:56	0.8	6:25	-0.1	7:07	4:29	
11	Sat	12:35	9.3	12:47	10.1	6:38	0.7	7:05	-0.2	7:06	4:30	
12	Sun	1:15	9.4	1:29	10.1	7:20	0.6	7:46	-0.1	7:06	4:31	
13	Mon	1:57	9.6	2:13	9.9	8:05	0.5	8:30	0.0	7:06	4:32	
14	Tue	2:41	9.8	3:00	9.7	8:53	0.4	9:16	0.1	7:05	4:33	
15	Wed	3:29	9.9	3:52	9.5	9:44	0.4	10:05	0.3	7:05	4:34	
16	Thu	4:19	10.0	4:47	9.2	10:38	0.3	10:58	0.4	7:04	4:35	
17	Fri	5:14	10.2	5:45	9.1	11:35	0.1	11:54	0.4	7:04	4:37	
18	Sat	6:11	10.5	6:46	9.2			12:35	-0.2	7:03	4:38	
19	Sun	7:10	10.8	7:46	9.4	12:52	0.3	1:35	-0.5	7:03	4:39	
20	Mon	8:08	11.2	8:45	9.8	1:51	0.1	2:33	-1.0	7:02	4:40	
21	Tue	9:05	11.7	9:41	10.2	2:48	-0.3	3:29	-1.4	7:01	4:41	
22	Wed	10:01	12.0	10:35	10.7	3:44	-0.7	4:22	-1.8	7:01	4:43	
23	Thu	10:54	12.2	11:27	11.0	4:38	-1.1	5:14	-2.0	7:00	4:44	
24	Fri	11:46	12.2			5:31	-1.3	6:03	-2.1	6:59	4:45	
25	Sat	12:17	11.3	12:36	12.0	6:22	-1.4	6:52	-1.9	6:58	4:46	
26	Sun	1:06	11.3	1:26	11.5	7:13	-1.3	7:40	-1.5	6:58	4:48	
27	Mon	1:55	11.2	2:17	10.9	8:05	-1.0	8:29	-1.0	6:57	4:49	
28	Tue	2:44	10.9	3:08	10.2	8:57	-0.6	9:18	-0.4	6:56	4:50	
29	Wed	3:35	10.5	4:01	9.6	9:50	-0.1	10:09	0.2	6:55	4:51	
30	Thu	4:27	10.1	4:56	9.0	10:44	0.3	11:02	0.7	6:54	4:53	
31	Fri	5:22	9.7	5:54	8.5	11:40	0.7	11:56	1.2	6:53	4:54	