

































Sesuit Harbor, East Dennis, MA - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:52	9.6	4:18	9.7	10:05	0.7	10:31	1.0	5:35	7:58	
2	Tue	4:40	9.2	5:06	9.5	10:52	1.0	11:21	1.1	5:36	7:57	
3	Wed	5:30	8.9	5:56	9.5	11:41	1.2			5:37	7:56	
4	Thu	6:24	8.6	6:49	9.5	12:14	1.2	12:32	1.4	5:38	7:55	
5	Fri	7:19	8.5	7:42	9.6	1:08	1.2	1:25	1.5	5:39	7:53	
6	Sat	8:14	8.6	8:35	9.9	2:03	1.0	2:19	1.4	5:40	7:52	
7	Sun	9:07	8.9	9:26	10.3	2:56	0.7	3:11	1.1	5:41	7:51	
8	Mon	9:57	9.3	10:15	10.7	3:47	0.2	4:01	0.7	5:42	7:50	
9	Tue	10:46	9.7	11:03	11.2	4:36	-0.2	4:50	0.2	5:43	7:48	
10	Wed	11:33	10.3	11:51	11.6	5:23	-0.7	5:38	-0.3	5:44	7:47	
11	Thu			12:20	10.9	6:09	-1.2	6:27	-0.8	5:45	7:46	
12	Fri	12:39	11.9	1:07	11.4	6:56	-1.5	7:16	-1.2	5:46	7:44	
13	Sat	1:28	12.0	1:56	11.7	7:44	-1.6	8:07	-1.4	5:47	7:43	
14	Sun	2:19	11.9	2:46	11.9	8:33	-1.6	9:00	-1.4	5:48	7:41	
15	Mon	3:11	11.6	3:39	11.9	9:24	-1.3	9:55	-1.3	5:49	7:40	
16	Tue	4:07	11.1	4:34	11.7	10:18	-0.9	10:53	-1.0	5:50	7:39	
17	Wed	5:05	10.6	5:32	11.4	11:14	-0.5	11:52	-0.7	5:51	7:37	
18	Thu	6:06	10.1	6:33	11.1			12:13	-0.1	5:52	7:36	
19	Fri	7:09	9.8	7:36	10.9	12:54	-0.4	1:14	0.3	5:53	7:34	
20	Sat	8:14	9.6	8:37	10.8	1:57	-0.2	2:15	0.5	5:54	7:33	
21	Sun	9:15	9.6	9:35	10.7	2:57	-0.1	3:14	0.5	5:55	7:31	
22	Mon	10:11	9.7	10:28	10.7	3:53	-0.1	4:08	0.5	5:56	7:29	
23	Tue	11:00	9.8	11:15	10.6	4:43	-0.1	4:57	0.5	5:57	7:28	
24	Wed	11:42	9.8	11:57	10.5	5:28	0.0	5:42	0.4	5:58	7:26	
25	Thu			12:21	9.9	6:08	0.0	6:23	0.4	5:59	7:25	
26	Fri	12:37	10.4	12:59	9.9	6:47	0.1	7:04	0.4	6:00	7:23	
27	Sat	1:15	10.2	1:36	10.0	7:25	0.2	7:44	0.4	6:01	7:22	
28	Sun	1:54	10.0	2:15	9.9	8:05	0.4	8:26	0.5	6:02	7:20	
29	Mon	2:35	9.8	2:56	9.9	8:45	0.6	9:09	0.6	6:04	7:18	
30	Tue	3:19	9.5	3:40	9.8	9:29	0.8	9:56	0.8	6:05	7:17	
31	Wed	4:05	9.2	4:27	9.6	10:15	1.1	10:45	0.9	6:06	7:15	