

































Sesuit Harbor, East Dennis, MA - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:42	9.7	7:09	10.7	12:32	0.4	12:52	0.4	5:09	8:19	
2	Thu	7:42	9.6	8:06	11.1	1:31	0.0	1:48	0.5	5:10	8:19	
3	Fri	8:42	9.6	9:02	11.4	2:30	-0.4	2:44	0.4	5:10	8:18	
4	Sat	9:40	9.7	9:58	11.7	3:28	-0.7	3:41	0.3	5:11	8:18	
5	Sun	10:37	9.9	10:53	11.9	4:25	-1.0	4:36	0.2	5:12	8:18	
6	Mon	11:33	10.0	11:47	12.0	5:20	-1.2	5:30	0.0	5:12	8:18	
7	Tue			12:26	10.1	6:13	-1.3	6:23	0.0	5:13	8:17	
8	Wed	12:40	12.0	1:17	10.2	7:03	-1.2	7:15	0.0	5:14	8:17	
9	Thu	1:31	11.7	2:07	10.2	7:53	-1.0	8:07	0.1	5:14	8:17	
10	Fri	2:21	11.3	2:56	10.2	8:41	-0.7	8:58	0.3	5:15	8:16	
11	Sat	3:12	10.8	3:45	10.1	9:29	-0.3	9:50	0.6	5:16	8:16	
12	Sun	4:02	10.2	4:34	9.9	10:18	0.1	10:43	0.8	5:16	8:15	
13	Mon	4:54	9.6	5:24	9.7	11:06	0.6	11:36	1.0	5:17	8:15	
14	Tue	5:47	9.1	6:15	9.6	11:56	1.1			5:18	8:14	
15	Wed	6:42	8.7	7:07	9.5	12:30	1.2	12:47	1.5	5:19	8:14	
16	Thu	7:39	8.4	7:59	9.4	1:25	1.3	1:39	1.8	5:20	8:13	
17	Fri	8:34	8.2	8:50	9.5	2:20	1.3	2:30	1.9	5:20	8:12	
18	Sat	9:26	8.2	9:38	9.6	3:12	1.2	3:20	2.0	5:21	8:12	
19	Sun	10:15	8.3	10:24	9.8	4:01	1.0	4:08	1.9	5:22	8:11	
20	Mon	11:00	8.4	11:08	10.0	4:48	0.8	4:54	1.7	5:23	8:10	
21	Tue	11:43	8.6	11:51	10.2	5:32	0.6	5:38	1.5	5:24	8:09	
22	Wed			12:24	8.9	6:14	0.3	6:21	1.2	5:25	8:08	
23	Thu	12:33	10.4	1:05	9.2	6:55	0.0	7:04	1.0	5:26	8:08	
24	Fri	1:15	10.6	1:46	9.6	7:36	-0.2	7:48	0.7	5:27	8:07	
25	Sat	1:58	10.7	2:28	9.9	8:18	-0.3	8:34	0.5	5:28	8:06	
26	Sun	2:43	10.6	3:13	10.2	9:01	-0.3	9:23	0.3	5:29	8:05	
27	Mon	3:32	10.5	4:01	10.5	9:48	-0.2	10:15	0.1	5:30	8:04	
28	Tue	4:24	10.2	4:52	10.7	10:37	0.0	11:10	0.0	5:31	8:03	
29	Wed	5:20	9.8	5:46	10.8	11:30	0.3			5:32	8:02	
30	Thu	6:19	9.5	6:44	10.9	12:08	-0.1	12:26	0.5	5:32	8:01	
31	Fri	7:21	9.3	7:44	11.0	1:09	-0.1	1:25	0.7	5:33	8:00	