






Sesuit Harbor, East Dennis, MA - Jul 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:34	10.8	5:08	10.6	10:50	-0.4	11:20	0.2	5:10	8:19	
2	Sat	5:32	10.1	6:04	10.5	11:43	0.1			5:10	8:19	
3	Sun	6:32	9.5	7:00	10.3	12:18	0.4	12:37	0.6	5:11	8:18	
4	Mon	7:32	9.1	7:56	10.1	1:17	0.6	1:32	1.1	5:11	8:18	
5	Tue	8:32	8.8	8:49	10.0	2:15	0.7	2:26	1.4	5:12	8:18	
6	Wed	9:27	8.6	9:38	9.9	3:10	0.8	3:17	1.6	5:13	8:17	
7	Thu	10:17	8.5	10:24	9.9	4:00	0.8	4:05	1.7	5:13	8:17	
8	Fri	11:01	8.5	11:07	9.9	4:46	0.8	4:50	1.8	5:14	8:17	
9	Sat	11:43	8.5	11:48	10.0	5:29	0.7	5:33	1.7	5:15	8:16	
10	Sun			12:21	8.6	6:10	0.6	6:15	1.6	5:16	8:16	
11	Mon	12:28	10.1	1:00	8.8	6:49	0.5	6:56	1.5	5:16	8:15	
12	Tue	1:08	10.1	1:38	8.9	7:28	0.4	7:37	1.4	5:17	8:15	
13	Wed	1:48	10.1	2:18	9.1	8:08	0.4	8:20	1.3	5:18	8:14	
14	Thu	2:29	10.0	2:59	9.3	8:48	0.4	9:04	1.2	5:19	8:14	
15	Fri	3:12	9.9	3:42	9.5	9:31	0.4	9:52	1.0	5:19	8:13	
16	Sat	3:59	9.7	4:28	9.7	10:15	0.6	10:41	0.9	5:20	8:12	
17	Sun	4:48	9.4	5:16	9.9	11:02	0.7	11:34	0.8	5:21	8:12	
18	Mon	5:42	9.2	6:08	10.1	11:52	0.9			5:22	8:11	
19	Tue	6:39	9.0	7:03	10.4	12:30	0.6	12:46	1.0	5:23	8:10	
20	Wed	7:39	9.0	8:00	10.7	1:28	0.3	1:43	1.0	5:24	8:09	
21	Thu	8:39	9.1	8:58	11.1	2:28	0.0	2:40	0.8	5:25	8:09	
22	Fri	9:38	9.4	9:56	11.5	3:26	-0.4	3:38	0.5	5:26	8:08	
23	Sat	10:35	9.7	10:52	11.9	4:23	-0.8	4:34	0.2	5:27	8:07	
24	Sun	11:30	10.1	11:47	12.1	5:18	-1.2	5:30	-0.2	5:27	8:06	
25	Mon			12:23	10.5	6:10	-1.5	6:24	-0.5	5:28	8:05	
26	Tue	12:40	12.2	1:14	10.8	7:01	-1.6	7:17	-0.7	5:29	8:04	
27	Wed	1:32	12.0	2:04	11.0	7:50	-1.4	8:09	-0.7	5:30	8:03	
28	Thu	2:23	11.6	2:54	11.0	8:39	-1.2	9:02	-0.5	5:31	8:02	
29	Fri	3:15	11.1	3:44	10.9	9:28	-0.7	9:55	-0.2	5:32	8:01	
30	Sat	4:07	10.4	4:35	10.7	10:18	-0.1	10:50	0.1	5:33	8:00	
31	Sun	5:01	9.7	5:27	10.3	11:09	0.5	11:45	0.5	5:34	7:59	