




























## Sesuit Harbor, East Dennis, MA - Jan 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:40	10.8	5:06	10.2	10:53	-0.3	11:18	-0.5	7:07	4:20	
2	Fri	5:40	10.6	6:09	9.7	11:54	-0.1			7:07	4:21	
3	Sat	6:40	10.5	7:11	9.4	12:16	0.0	12:55	0.0	7:07	4:22	
4	Sun	7:37	10.4	8:11	9.2	1:13	0.3	1:54	0.0	7:07	4:23	
5	Mon	8:30	10.3	9:04	9.1	2:08	0.6	2:48	0.0	7:07	4:24	
6	Tue	9:18	10.3	9:52	9.0	2:58	0.7	3:36	0.0	7:07	4:25	
7	Wed	10:02	10.2	10:34	9.0	3:44	0.8	4:20	0.0	7:07	4:26	
8	Thu	10:43	10.2	11:13	9.0	4:28	0.9	5:01	0.0	7:07	4:27	
9	Fri	11:22	10.2	11:52	9.0	5:09	0.9	5:40	0.0	7:07	4:28	
10	Sat			12:01	10.1	5:50	0.8	6:19	-0.1	7:06	4:29	
11	Sun	12:30	9.1	12:41	10.1	6:30	0.8	6:59	0.0	7:06	4:30	
12	Mon	1:09	9.2	1:22	10.0	7:12	0.8	7:40	0.0	7:06	4:31	
13	Tue	1:51	9.2	2:05	9.8	7:56	0.8	8:23	0.1	7:05	4:32	
14	Wed	2:34	9.3	2:50	9.6	8:42	0.9	9:08	0.3	7:05	4:34	
15	Thu	3:20	9.3	3:38	9.3	9:31	0.9	9:55	0.5	7:04	4:35	
16	Fri	4:08	9.4	4:30	9.1	10:22	0.9	10:44	0.6	7:04	4:36	
17	Sat	4:59	9.5	5:24	8.9	11:16	0.7	11:36	0.7	7:03	4:37	
18	Sun	5:52	9.7	6:22	8.9			12:12	0.5	7:03	4:38	
19	Mon	6:47	10.1	7:19	9.1	12:31	0.7	1:09	0.1	7:02	4:39	
20	Tue	7:42	10.6	8:16	9.4	1:26	0.5	2:05	-0.4	7:02	4:41	
21	Wed	8:36	11.1	9:11	9.9	2:20	0.1	2:59	-1.0	7:01	4:42	
22	Thu	9:30	11.6	10:04	10.4	3:14	-0.3	3:53	-1.6	7:00	4:43	
23	Fri	10:23	12.1	10:57	10.8	4:08	-0.8	4:45	-2.0	7:00	4:44	
24	Sat	11:15	12.4	11:48	11.2	5:01	-1.2	5:36	-2.3	6:59	4:46	
25	Sun			12:07	12.5	5:53	-1.5	6:26	-2.4	6:58	4:47	
26	Mon	12:39	11.5	12:59	12.3	6:45	-1.6	7:16	-2.3	6:57	4:48	
27	Tue	1:30	11.5	1:52	11.9	7:39	-1.5	8:08	-1.9	6:56	4:49	
28	Wed	2:23	11.4	2:46	11.3	8:33	-1.3	9:00	-1.4	6:55	4:51	
29	Thu	3:16	11.2	3:41	10.6	9:29	-0.9	9:53	-0.8	6:55	4:52	
30	Fri	4:11	10.8	4:39	9.9	10:26	-0.4	10:48	-0.2	6:54	4:53	
31	Sat	5:08	10.5	5:39	9.4	11:25	0.0	11:45	0.3	6:53	4:54	