

































## Sesuit Harbor, East Dennis, MA - Jan 2057

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:05	10.7	7:37	9.7	12:47	0.1	1:26	-0.5	7:07	4:21	
2	Tue	8:01	11.2	8:35	9.9	1:43	-0.1	2:23	-1.0	7:07	4:22	
3	Wed	8:55	11.7	9:32	10.1	2:39	-0.3	3:19	-1.4	7:07	4:22	
4	Thu	9:50	12.0	10:26	10.3	3:33	-0.5	4:14	-1.8	7:07	4:23	
5	Fri	10:43	12.2	11:19	10.5	4:27	-0.6	5:06	-1.9	7:07	4:24	
6	Sat	11:35	12.2			5:19	-0.7	5:57	-1.9	7:07	4:25	
7	Sun	12:10	10.5	12:26	12.0	6:11	-0.7	6:47	-1.8	7:07	4:26	
8	Mon	1:01	10.5	1:17	11.6	7:02	-0.5	7:37	-1.4	7:07	4:27	
9	Tue	1:51	10.3	2:08	11.1	7:54	-0.3	8:26	-1.0	7:07	4:28	
10	Wed	2:42	10.1	3:00	10.4	8:47	0.1	9:16	-0.5	7:06	4:29	
11	Thu	3:33	9.9	3:53	9.8	9:41	0.4	10:07	0.1	7:06	4:31	
12	Fri	4:25	9.7	4:47	9.2	10:35	0.7	10:58	0.5	7:06	4:32	
13	Sat	5:18	9.5	5:44	8.8	11:31	0.9	11:50	1.0	7:05	4:33	
14	Sun	6:12	9.4	6:41	8.5			12:27	1.0	7:05	4:34	
15	Mon	7:05	9.4	7:37	8.3	12:43	1.2	1:22	0.9	7:04	4:35	
16	Tue	7:55	9.4	8:28	8.3	1:35	1.4	2:14	0.8	7:04	4:36	
17	Wed	8:42	9.6	9:16	8.4	2:25	1.4	3:03	0.6	7:03	4:37	
18	Thu	9:27	9.7	10:00	8.5	3:11	1.4	3:48	0.4	7:03	4:39	
19	Fri	10:10	9.9	10:42	8.7	3:56	1.2	4:31	0.2	7:02	4:40	
20	Sat	10:52	10.1	11:23	8.9	4:39	1.1	5:12	-0.1	7:02	4:41	
21	Sun	11:33	10.3			5:21	0.9	5:53	-0.3	7:01	4:42	
22	Mon	12:03	9.1	12:14	10.5	6:03	0.7	6:34	-0.4	7:00	4:43	
23	Tue	12:44	9.4	12:56	10.5	6:46	0.5	7:16	-0.6	6:59	4:45	
24	Wed	1:26	9.7	1:40	10.5	7:31	0.3	8:00	-0.6	6:59	4:46	
25	Thu	2:11	9.9	2:28	10.4	8:19	0.1	8:46	-0.5	6:58	4:47	
26	Fri	2:58	10.1	3:19	10.1	9:10	0.0	9:35	-0.3	6:57	4:48	
27	Sat	3:49	10.3	4:14	9.8	10:05	-0.1	10:28	-0.1	6:56	4:50	
28	Sun	4:43	10.4	5:13	9.6	11:02	-0.2	11:23	0.1	6:55	4:51	
29	Mon	5:40	10.6	6:14	9.4			12:03	-0.3	6:54	4:52	
30	Tue	6:40	10.8	7:17	9.4	12:22	0.2	1:04	-0.5	6:53	4:53	
31	Wed	7:40	11.0	8:18	9.5	1:21	0.2	2:05	-0.8	6:52	4:55	